







**International Society of Travel Medicine**

20 years of promoting healthy travel worldwide

1991-2011

## Program-at-a-Glance

### Saturday, 7 May 2011

*(all rooms are located in the John B. Hynes Veterans Memorial Convention Center unless otherwise indicated)*

18:00-20:00	Congress Registration – John B. Hynes Veterans Memorial Convention Center Auditorium Pre-Function				

## Program-at-a-Glance

### Sunday, 8 May 2011

*(all rooms are located in the John B. Hynes Veterans Memorial Convention Center unless otherwise indicated)*

06:30-08:00	Registration for the CTH® Exam - John B Hynes Veterans Memorial Convention Center – Hall D Pre-Function				
08:00-12:45	CTH® Exam – John B. Hynes Memorial Convention Center – Hall D				
10:00-20:00	Congress Registration – John B. Hynes Veterans Memorial Convention Center Auditorium Pre-Function				
14:00-16:30	<b>Pre-CISTM Course 1</b> Cross-Cultural Travelers: Pre-travel Psychological Screening, and Post Travel Psychological Care  Room 303		<b>Pre-CISTM Course 2</b> Migrant Medicine: Practical and Clinical Aspects of Care  Room 301		
15:00-16:30	<b>Nurses' Reception</b> Sheraton Boston Hotel – Constitution Ballroom A				
17:00-18:15	<b>Opening Ceremony</b> John B. Hynes Veterans Memorial Convention Center – Ballroom A-C				
18:15-21:30	<b>Welcome-Get-Together</b> John B Hynes Veterans Memorial Convention Center – Boylston Hallway 3 <sup>rd</sup> Floor				

Plenary (PL)

Symposia (SY)

Workshop (WS)

Free Communications (FC)



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# Program-at-a-Glance

## Monday, 9 May 2011

(all rooms are located in the John B. Hynes Veterans Memorial Convention Center unless otherwise indicated)

07:30-17:00	<b>Congress Registration – John B. Hynes Veterans Memorial Convention Center Auditorium Pre-Function</b>				
		<b>302</b>	<b>304</b>	<b>306</b>	
08:00-08:45		<b>Meet the History 1</b> Smallpox in Massachusetts	<b>Meet the Professor 1</b> Bradley Connor	<b>Case of the Day 1</b> Sheila Hall	
09:00-10:30	<b>Plenary 1</b> <b>Disaster Response: Haiti</b> <b>Ballroom A-C</b>				
	<b>Ballroom B</b>	<b>Ballroom A</b>	<b>Ballroom C</b>	<b>302</b>	<b>306</b>
10:30-11:15	<b>Opening of Commercial Exhibits / Break</b> <b>Auditorium</b>				
11:15-12:45	<b>SY1</b> Risks and Costs in Travel Medicine	<b>SY2</b> Through the Eyes of a Migrant	<b>WS1</b> Yellow Fever (ABC)	<b>WS2</b> Emergencies in Travel Medicine	<b>FC1</b> Malaria and Other Parasitic Infections
12:45-14:45	<b>Lunch Break</b>				
14:45-16:15	<b>SY3</b> Yellow Fever Risk	<b>SY4</b> Water Related Hazards	<b>WS3</b> Networks and Mapping	<b>WS4</b> The Traveler with Chronic Disease	<b>FC2</b> Travel Advice
16:15-17:00	<b>Break / Exhibition</b> <b>Auditorium</b>				
17:00-18:30	<b>SY5</b> State of the Art Treatment of Imported Parasitic Diseases	<b>SY6</b> Psychological Health Issues in Long Term Travelers	<b>WS5</b> Case Studies: Adventure Travel and High Altitude	<b>WS6</b> Routes of Vaccination	<b>FC3</b> Risk Factors and Travel
18:30-19:15	<b>Special Update</b> Highlights from the New Editions (WHO, CDC, NaTHNaC)				
		<b>302</b>	<b>304</b>	<b>306</b>	
18:30-19:30		<b>Pharmacist Professional Group Membership Assembly</b>	<b>Pediatric Interest Group Membership Assembly</b>	<b>Migrant and Refugees Interest Group Membership Assembly</b>	

Plenary (PL)

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# Program-at-a-Glance

## Tuesday, 10 May 2011

*(all rooms are located in the John B. Hynes Veterans Memorial Convention Center unless otherwise indicated)*

07:30-08:45	<b>GeoSentinel/EuroTravNet Network Members Meeting – Fens Room 5<sup>th</sup> Floor Sheraton Boston Hotel</b>				
08:00-17:00	<b>Congress Registration – John B. Hynes Veterans Memorial Convention Center Auditorium Pre-Function</b>				
		<b>302</b>	<b>304</b>	<b>306</b>	
08:00-08:45		<b>Meet the History 2</b> Past, Present and Future of Travelers' Diarrhea	<b>Meet the Professors 2</b> Herbert DuPont/Phyllis Kozarsky/Robert Steffen Anniversary Special	<b>Case of the Day 2</b> Kenneth Dardick	
09:00-10:30	<b>Plenary 2</b> <b>Dengue: Into the Future</b> <b>Ballroom A-C</b>				
10:30-11:15	<b>Break / Exhibition</b> <b>Auditorium</b>				
	<b>Ballroom B</b>	<b>Ballroom A</b>	<b>Ballroom C</b>	<b>302</b>	<b>306</b>
11:15-12:45	<b>SY7</b> Travel Advice: Are we Barking up the Wrong Tree?	<b>SY8</b> Chagas: Blood, Bugs and Oral Transmission	<b>WS7</b> Malaria Prevention (ABC)	<b>WS8</b> South Africa (Destination)	<b>FC4</b> Potpourri
12:45-13:45	<b>Lunch Break</b>				

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## Tuesday, 10 May 2011

*(all rooms are located in the John B. Hynes Veterans Memorial Convention Center unless otherwise indicated)*

	Ballroom B	Ballroom A	Ballroom C	302	306
13:45-14:45	<b>Late Breaking Plenary</b> Ionizing Radiation: How to Advise Patients Travelling to Japan				
14:45-16:15	<b>Debate</b> Definition of VFR	<b>SY9</b> Assessing Health Practices for International Travel	<b>WS9</b> Pharmacists and Travel Medicine	<b>WS10</b> Down Under: Oceania and Australasia (Destination)	<b>WS11</b> Travel Health Resource Materials
16:15-17:00	<b>Break / Exhibition Auditorium</b>				
17:00-18:30	<b>SY10</b> 21st Century Tools for Migration Medicine	<b>WS12</b> Travelers' Diarrhea (ABC)	<b>WS13</b> Preparation of Last Minute Travelers	<b>WS14</b> From Pruritus to Delusional Parasitosis	<b>FC5</b> Dengue and Yellow Fever
		<b>302</b>	<b>304</b>	<b>306</b>	
18:30-19:30		<b>Nursing Professional Group Membership Assembly</b>	<b>Psychological Health of Travelers Interest Group membership Assembly</b>	<b>Destination Communities Support Interest Group Membership Assembly</b>	

Plenary (PL)

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# Program-at-a-Glance

## Wednesday, 11 May 2011

*(all rooms are located in the John B. Hynes Veterans Memorial Convention Center unless otherwise indicated)*

8:00-17:00	<b>Congress Registration – John B. Hynes Veterans Memorial Convention Center Auditorium Pre-Function</b>				
		<b>302</b>	<b>304</b>	<b>306</b>	
08:00-08:45		<b>Meet the History 3</b> What I Caught at the ISTM	<b>Meet the Professor 3</b> Hans Dieter Nothdurft	<b>Case of the Day 3</b> Rudy Zimmer	
09:00-10:30	<b>Plenary 3</b> <b>The Immunocompromised Traveler</b> <b>Ballroom A-C</b>				
10:30-11:15	<b>Break / Exhibition</b> <b>Auditorium</b>				
	<b>Ballroom B</b>	<b>Ballroom A</b>	<b>Ballroom C</b>	<b>302</b>	<b>306</b>
11:15-12:45	<b>SY11</b> Self Management during Travel	<b>SY12</b> Travel Medicine Pharmacology	<b>WS15</b> Travel Medicine and Neurology	<b>WS16</b> The Pediatric Traveler	<b>FC6</b> Clinical Issues/Post Travel
12:45-14:45	<b>Lunch Break</b>				
14:45-16:15	<b>SY13</b> Malaria	<b>WS17</b> How to Start a Travel Clinic (ABC)	<b>WS18</b> Travel Medicine in the Military	<b>WS19</b> Training to Essential Immunization Competencies	<b>FC7</b> Challenges and Controversies in Rabies, JE and Hepatitis B
16:15-17:15	<b>Break / Exhibition</b>			<b>Poster Session at the Poster Area</b> <b>(Authors in Attendance)</b> <b>Auditorium</b>	
17:15-19:30		<b>ISTM Membership Assembly and Cocktail Reception</b>			

Plenary (PL)

Symposia (SY)

Workshop (WS)

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## Program-at-a-Glance

### Thursday, 12 May 2011

(all rooms are located in the John B. Hynes Veterans Memorial Convention Center unless otherwise indicated)

08:00-14:00	Congress Registration – John B. Hynes Veterans Memorial Convention Center Auditorium Pre-Function				
	Ballroom B	Ballroom A	Ballroom C	302	306
08:00-08:45				Meet the Professor 4 Fiona Genasi	Case of the Day 4 Jesse Alves
9:00-10:30	SY14 Prepare Relief Workers and Students	WS20 Sex, Gender and Travel Medicine	FC8 Late Breakers		
10:30-10:45	Break – Boylston Hallway				
10:45-12:15	Plenary 4 Emerging Economies: Changes in Travel Patterns and Differences for Pre-Travel Ballroom A-C				
12:15-13:00	Closing Activities				

## Satellite Symposium

12:45-14:45	Wednesday, 11 May 2011 Room 304 Sigma Tau Lunch Symposium <i>Dihydroartemisinin/Piperaquine: Advancing and Optimizing Treatment for Uncomplicated Malaria</i>
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Plenary (PL)

Symposia (SY)

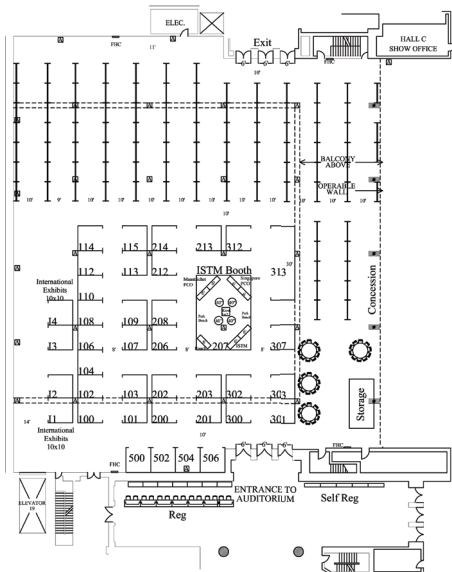
Workshop (WS)

Free Communications (FC)



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## Exhibitor

## Booth #

Adventure Medical Kits	500
Air Ambulance Card	307
Centers for Disease Control and Prevention	203
Clasado Ltd	302
Cruell Vaccines	100
Cruell	I 1
GermBana, Inc.	106
HealthMap; Children's Hospital Boston	107
International Society for Infectious Diseases	201
MEDEX Global Solutions	506
NECTM4 2012, Hosted by Travel Medicine Society of Ireland	502
Novartis Vaccines	313
Oxford University Press	300
PharmaJet, Inc.	214
Public Health Agency of Canada, Travel Health Division	202
Royal College of Physicians and Surgeons of Glasgow	103
Sanofi Pasteur	312
Shoreland Inc.	206
SIGMA-TAU S.p.A Head Office & Research Centre	101
Theramed	I 4
Travel Health 101 LLC	200
Travel Medicine, Inc.	212
Traveler's Supply Inc.	301
Wiley-Blackwell	213



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# Breakthrough in the prevention of Travellers' Diarrhoea (TD)

The management of TD is currently limited to treatment with antibiotics and anti-diarrhoea medications.<sup>1</sup> However, recent research published in the European Journal of Clinical Nutrition has shown that the unique properties of prebiotic Bimuno<sup>®</sup> can significantly prevent the incidence and symptoms of TD:<sup>2</sup>

## Travellers' Diarrhoea (TD)

TD is estimated to affect up to 50% of travellers annually.<sup>3</sup> In 90% of patients who contract TD, symptoms occur within the first two weeks of travel.<sup>4</sup> The main symptoms include frequent, loose watery stools, abdominal cramps, bloating and flatulence. TD is mostly caused by viruses or pathogenic bacteria such as *E.coli* or *salmonella*. Recently, noroviruses have been identified as important causative pathogens in many regions of the world.<sup>5</sup>

## Key clinical findings

- 8 out of 10 travellers who took Bimuno experienced a diarrhoea-free trip
- Diarrhoea symptoms lasted half as long if Bimuno had been taken
- Bimuno significantly reduced TD-related abdominal pain

## The BIMUNO breakthrough: unique dual action in preventing TD

One of the most important bacteria groups in the gut are bifidobacteria. They specifically stimulate the immune system and enhance overall gut health,<sup>6</sup> but they have also been linked to increased resistance to infection.<sup>7</sup>

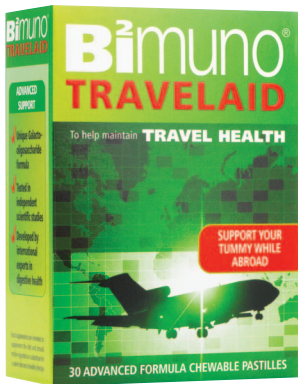
Studies have shown that the prebiotic, Bimuno, works in 2 ways to help prevent TD.

Firstly, Bimuno leads to significant increases in levels of bifidobacteria within just 7 days.<sup>7</sup>

Secondly, Bimuno has been shown to have unique 'anti-adhesive' properties<sup>8</sup> which help prevent the attachment and invasion of pathogenic bacteria that can cause diarrhoea.

## The study design

A placebo-controlled, randomized, double-blind clinical trial was conducted with 159 volunteers. The participants travelled to either countries of low or high risk of TD for a minimum of two weeks. The groups were randomized to receive either Bimuno or a placebo.



## References:

1. Dupont HL. *J Travel Med* 2001; **8**: 531-533. 2. Drakoularakou A et al. *Eur J Clin Nutr* 2010; **64**: 146-152. 3. Dupont HL et al. *Clin Infect Dis* 1996; **22**: 124-128. 4. Steffen et al. *JAMA* 1983; **249**: 1176-1180. 5. Koo HL et al. *J Clin Microbiol* 2010; **48**: 1673-1676. 6. Macfarlane

GT et al. *Appl Micro* 2008; **104**: 305-344. 7. Saavedra JM et al. *Lancet* 1994; **344**: 1046-1049. 8. Depoint F et al. *Am J Clin Nutr* 2008; **87**: 785-791. 9. Searle LEJ et al. *J Med Microbiol* 2009; **58**: 37-48. Bimuno<sup>®</sup> is a registered trademark which is the property of Clasado Inc for a Prebiotic Transgalactooligosaccharide.

For further information on Bimuno please visit booth #302



**12<sup>th</sup> Conference**  
*of the*  
**INTERNATIONAL SOCIETY OF TRAVEL MEDICINE**

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