

ISTM Pharmacist Professional Group Database on International Regulations on Importation of Medicines for Personal Use

This database is intended as a guide only for practitioners wishing to research information on the importation of medicines for personal use across international borders. It is not a definitive statement on individual country requirements which may change between updates of this database. In addition, the implementation and enforcement of the country regulations may deviate from the stated information. The accuracy of translation into English cannot be guaranteed. The database is therefore only one of various resources that should be used when exploring the potential issues in advising travellers and ISTM does not accept responsibility for any inaccuracies arising.

Layout of the database

INCB information template

Countries are asked to provide information to International Narcotic Control Board (INCB) on a standard template and in English. Many countries present this in a different format as described in each entry

INCB information

A summary of the INCB information on the website <https://www.incb.org/incb/en/publications/Guidelines.html> as provided by each country to the Board. In many cases this is a direct quote from the INCB statement

URLs of Government Official Website/s

The URLs of government website containing relevant information

Additional Information on Government Official Website

Information obtained through the URLs above in most cases a direct quote (in italics)

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AFGHANISTAN

INCB information template

N/A

INCB information

N/A

URLs of Government Official Website/s

[Link to website](#) (Accessed 01/09/2019)

Additional Information on Government Official Website

5.3.3. Psychotropic and narcotic medicines control shall conform to the national laws that are relevant, and the requirements of international substance control treaties that are applicable and to which Afghanistan is a signatory.

5.3.4. A permit system for the manufacturing, importation, and exportation of psychotropic and narcotic substances and other controlled medicines will be established accordingly.

5.3.7. The national MRA or MoPH may allow individuals entering Afghanistan to import limited quantities of medicines prescribed for their personal use as per a prescription.

ALGERIA

INCB information format

Standard template used – NOT in English

INCB Information

Information translated into English – may be inaccurate.

- Valid medical prescription required
- Authorization by competent authorities
- Doctor's certificate endorsed by health authorities of country of residence
- Original prescription for presentation at customs
- Certificate authorized by health authorities of country of destination

URLs of Government Official Website/s

No official government websites with relevant information

Additional Information on Government Official Website

N/A

ARMENIA

INCB information format

Standard template used

INCB Information

Restrictions:

- Narcotic drugs: ten narcotic drugs, in three retail forms
- Psychotropic substances: ten psychotropic substances in three retail forms

URLs of Government Official Website/s

No official government websites with relevant information

Additional Information on Government Official Website

N/A

ASCENSION ISLANDS

INCB information format

Letter addressed to INCB from relevant authority

INCB Information

Legally there are strict restrictions on import/export of psychotropic substances. Only psychotropic substances - e.g. Diazepam and Temazepam are imported for medical use at the hospital.”

“If a traveller requires temazepam for fear of flying, they may bring no more than 4 tablets for their flights (including return flight), accompanied by a signed doctors’ note for the prescription.”

URLs of Government Official Website/s

[Link to website](#)

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Additional Information on Government Official Website

Information regards importation of medicines and may not apply specifically to carrying medicines for personal use.

“The importation of certain goods into Ascension are prohibited or restricted and must be declared to Customs and they are:

a) controlled drugs and utensils used therewith

AUSTRALIA

INCB information template

N/A

INCB information

N/A

URLs of Government Official Website/s

[Link to website](#)

(Last accessed 20/07/2019)

Additional Information on Government Official Website

You may only bring 3 months' supply of medicines into Australia.

Obtain a prescription to confirm that the medicines have been prescribed to you, or a letter from your doctor that states you are under their treatment and the medication(s) you are carrying have been prescribed for your personal use. Doctors letter must specify the name of the medicine and the dosage.

AUSTRIA

INCB information format

Standard template used

INCB Information

Documentation required:

- Valid medical prescription for periods between 5 and 30 days

Restrictions:

- Narcotics drugs – definite list on INCB
- Psychotropic substances – definite list on INCB

Definite list of prohibited substances

URLs of Government Official Website/s

[Link to website](#)

(Last accessed 20/07/2019)

Additional Information on Government Official Website

Pharmaceuticals containing Narcotic or Psychotropic drugs can only be carried if you are in possession of a Schengen visa. This provision only applies to those residing in Schengen states. The relevant certificate may be issued by the competent authority of your home country. The Schengen Certificate is valid for a maximum of 30 consecutive days. The duration of the journey may be shorter than this period as long as the date of entry lies within these 30 days. Travellers who do not reside in another Schengen State are not authorized to carry pharmaceuticals that contain narcotic drugs or psychotropic substances upon entering Austria.

AZERBAIJAN

INCB information format

Standard template used

INCB Information

Documentation required:

- Valid medical prescription
- Doctor's certificate endorsed by the health authorities of the country of residence
- Certificate issued by the health authorities of the country of destination
- Presentation of the original prescription at the Customs of the country of destination
- Other: Medical document certifying illness, endorsed by the health authorities of the country of residence

Restrictions:

- Narcotic drugs
- Psychotropic substances

The list of prohibited substances includes narcotic drugs and psychotropic substances whose trade is prohibited in the Republic of Azerbaijan (in accordance with Law No. 960- IIQ of 25 June 2005, adopted by the President of the Republic of Azerbaijan). Other information: The quantity of the substance concerned should not exceed that specified in the prescription

URLs of Government Official Website/s

No link available

Additional Information on Government Official Website

N/A

BAHRAIN

INCB information format

Letter addressed to INCB from relevant authority - Bahrain ministry of Health

INCB Information

Clear information for persons entering and leaving the country carrying 'controlled substances for personal use'

Persons entering Bahrain:

- Must be able to produce proper identification to the customs directorate
- Must be able to provide 'medical reports from his country authenticated by health authorities'
- Quantities of such medicines will be then be dispensed to the person on a weekly or monthly basis, checked against the dosage in their medical reports

Persons leaving Bahrain:

- 'Treating physician should present a prescription' for medicinal substances detailing medical condition/case notes, by Ministry of Health
- Letter from Pharmacy & Drug Control Directorate required, permitting transfer to country of destination

URLs of Government Official Website/s

[Link](#)

(Date accessed: 20/07/2019)

Additional Information on Government Official Website

Passengers may bring into the country, medicines for personal use only. An original prescription from a registered medical practitioner must be enclosed (stamped and signed by the relevant medical authority with full details of the patient and medical condition). All medication should be in original packaging and should not have expired.

Hallucinatory or psychotropic medicines and drugs are not permitted without a prior approval from the Ministry of Health. Any passenger found with such medicines will be liable to prosecution under the relevant laws

BANGLADESH

INCB information template

N/A

INCB information

N/A

URLs of Government Official Website/s

[Link to website](#) (Accessed 01/09/2019)

Additional Information on Government Official Website

The government may prescribe the conditions subject to which small quantities of drugs, the import of which is otherwise prohibited under this Chapter, may be imported for the purpose of examination, test or analysis or for personal use.

BARBADOS

INCB information format

Standard template used

INCB Information

Documentation required:

- Doctor's certificate endorsed by the health authorities of the country of residence
- Certificate issued by the health authorities of the country of destination
- Other kind of documentation: unknown (form states 'see attachment' but no attachment is provided on the INCB website)

Restrictions:

- No restrictions

URLs of Government Official Website/s

No link available

Additional Information on Government Official Website

N/A

BELARUS

INCB information format

Standard template used, but NOT in English

INCB Information

Translated from Russian, may not be completely accurate

Documentation required:

- Valid medical prescription
- Presentation of original prescription to Customs at country of destination
- Other documentation: Any document justifying the bringing of the substance into the country and certifying its use for medical purposes

Restrictions:

- Narcotics: 3 days
- Psychotropic substances: 90 single doses

URLs of Government Official Website/s

[Link to website](#)

(Accessed 20/07/2019)

Additional Information on Government Official Website

“Narcotic drugs, psychotropic substances and their precursors can be imported to Belarus only in the form of medicinal drugs for personal use on medical indications in limited quantities. The need for their use should be supported by relevant documents.”

BELGIUM

INCB information format

Standard template used

INCB Information

Documentation required:

- A valid medical prescription
- Doctors certificate endorsed by the health authorities of the country of residence, for example a Schengen Certificate

Restrictions:

- None listed

URLs of Government Official Website/s

[Link to website](#)

(Accessed 20/07/2019)

Additional Information on Government Official Website

For narcotic or psychotropic medicines, the imported quantity must correspond to the quantity required for personal use. You must be able to demonstrate the need for and quantity of the medicine by means of a medical. For non-narcotic, psychotropic medicines, the imported quantity must correspond to the duration of the treatment (with a maximum of three months). Always carry a medical certificate in case a check is carried out.”

BELIZE

INCB information format

Standard template used

INCB information

Documentation required:

- Valid medical prescription
- Certificate issued by the health authorities of the country of destination
- Presentation of the original prescription at the Customs of the country of destination

Restrictions:

- Narcotic drugs: 30 days
- Psychotropic substances: 30 days

URLs of Government Official Website/s

None

Additional Information on Government Official Website

N/A

BENIN

INCB information format

Standard template used

INCB information

Documentation required:

- Valid medical prescription
- Doctor's certificate endorsed by the Health authorities of country of residence
- Certificate issued by health authorities of Country of destination
- Presentation of original prescription to Customs at country of destination.

Restrictions:

- Narcotics: 7 days
- Psychotropic substances: 7 days

URLs of Government Official Website/s

None

Additional Information on Government Official Website

N/A

BHUTAN

INCB information format

Standard template used

INCB information

Documentation required:

- Valid medical prescription
- Doctors certificate endorsed by the health authorities of the country of residence
- Certificate issued by the health authorities of the country destination
- Presentation of the original prescription at the Customs of the country of destination

Restrictions:

- Narcotic drugs - ‘As per prescription’
- Psychotropic substances – ‘As per prescription’

URLs of Government Official Website/s

[Link to website](#)

Accessed (20/07/2019)

Additional Information on Government Official Website

Chapter four: *“The possession by international travellers or patients of small quantities of preparations containing narcotic drugs and psychotropic substances for personnel use shall be permitted, provided that it is established that the preparations have been obtained under prescription from a registered and qualified medical practitioner, and do not exceed the quantity mentioned in the prescription”*

BOLIVIA

INCB information template

N/A

INCB information

N/A

URLs of Government Official Website/s

[Link to website](#) (Accessed 01/09/2019)

Additional Information on Government Official Website

Prohibition of possession or storage: No natural or juridical person may have or possess in any form or quantity, or in any place, drugs that contain or consist of controlled substances, without prior authorization from the Ministry of Social Welfare and Public Health, in consultation with the National Council Against Drug Abuse and Illicit Traffic

BOSNIA & HERZEGOVINA

INCB information format

Standard template used

INCB information

Documentation required:

- Valid medical prescription
- Doctors certificate endorsed by the health authorities of the country of residence
- Presentation of the original prescription at the Customs of the country of destination
- Other documents: Article 40. Law on Prevention and Suppression of the Abuse of Narcotic Drugs: “with presentation of medical documentation

Restrictions:

- Narcotic drugs: Quantity necessary for personal use in time length of 7 to 15 days
- Psychotropic substances: Quantity necessary for personal use in time length of 7 to 15 days

URLs of Government Official Website/s

None

Additional Information on Government Official Website

N/A

BRAZIL

INCB information format

Standard template used – edited by recipient

INCB information

Documentation required:

- Valid medical prescription

Restrictions:

- Narcotic drugs – for ampoules, maximum of 5. For other dosage forms, a quantity enough for maximum of 30 days' treatment.
- Psychotropic substances – for ampoules, maximum of 5. For other dosage forms, a quantity enough for maximum of 60 days' treatment.
- Other substances under national control, included in List C (INCB) – List C1 and C5: maximum of 5 ampoules or quantity enough for a maximum of 60 days' treatment for other dosage forms (except medicines for the treatment of Parkinson and Convulsion diseases: a quantity enough for a maximum of 180 days' treatment. List C2 (systemic use): maximum of 5 ampoules or a quantity enough for a maximum of 30 days' treatment for other dosage forms. List C3: a quantity enough for a maximum of 30 days of treatment.

URLs of Government Official Website/s

None

Additional Information on Government Official Website

N/A

BRUNEI DARUSSALAM

INCB information format

Standard template used

INCB information

Documentation required:

- Valid medical prescription
- Doctor's certificate endorsed by the health authorities of the country of residence
- Certificate issued by the health authorities of the country of destination
- Presentation of the original prescription at the Customs of the country of destination

Restrictions:

- Narcotic drugs – Not Allowed
- Psychotropic substances – 30 days

URLs of Government Official Website/s

None

Additional Information on Government Official Website

N/A

BULGARIA

INCB information format

Standard template used

INCB information

Documentation required:

- Valid medical prescription
- Doctor's certificate endorsed by the health authorities of the country of residence

Restrictions:

- Narcotic drugs – 30 days
- Psychotropic substances – 30 days

URLs of Government Official Website/s

Document needs to be downloaded from link. [Link to website](#) (accessed 20/07/2019)

Additional Information on Government Official Website

Section IV: "Bulgarian nationals, as well as permanent or temporary foreign residents in Bulgaria, travelling abroad may carry, for personal use medical products containing narcotic substances listed in Schedules under items 2 and 3 of para 2 under Art. 3 of this Act in quantities not exceeding those needed for a thirty-day treatment"

BURKINA FASO

INCB information template

Standard template used

INCB information

Documentation required:

- Valid medical prescription

URLs of Government Official Website/s

None

Additional Information on Government Official Website

N/A

CAMEROON

INCB information template

Letter addressed to INCB from relevant authority- NOT in English

INCB information

Translated from French (may not be completely accurate)

- Persons treated in transit through the national territory may, for their own personal use, possess medicines containing psychotropic substances of tables II and III, in quantities not exceeding seven days' treatment for Schedule II drugs and thirty days treatment for Schedule III drugs. These persons must be in possession of the corresponding medical prescriptions. Outside these cases, any entry and exit of the controlled substances must be subject to prior authorization.

URLs of Government Official Website/s

None

Additional Information on Government Official Website

N/A

CAMBODIA

INCB information template

N/A

INCB information

N/A

URLs of Government Official Website/s

[Link to website](#) (Accessed 01/09/2019)

Additional Information on Government Official Website

No direct information regarding medicines on the website.

CANADA

INCB information template

Standard template used

INCB information

- Other documentation: “The narcotic or controlled drug must be packaged in pharmacy or hospital dispensed packaging with the appropriate labelling.”

Restrictions:

- Narcotic drugs – “Quantity must not exceed the lesser of single course of treatment OR a 30-day supply, based on the usual daily dose.”
- Psychotropic substances – Quantity must not exceed the lesser of single course of treatment OR a 30 day supply, based on the usual daily dose

URLs of Government Official Website/s

- a) [Link to website](#) (Accessed 20/07/2019)
- b) [Link to website](#) (Accessed 20/07/2019)

Additional Information on Government Official Website

“Visitors to Canada may bring into Canada, on their person a single course of treatment or a 90-day supply based on the directions for use, whichever is less, of a prescription drug.

The drug must be for the individual’s own personal use, for the use of a person for whom they are responsible and with whom they are travelling.

Individuals are permitted to import a single course of treatment or a 90-day supply based on the directions for use, whichever is less, of an Over the Counter Drug.

Individuals are permitted to import a single course of treatment or a 90 day supply based on the directions for use, whichever is less, of a natural health product (NHP).”

CHAD

INCB information template

Standard template used

INCB information

Documentation required:

- Valid medical prescription
- Presentation of original prescription at the customs of country of destination.

Restrictions:

- Narcotics
- Psychotropic

URLs of Government Official Website/s

None

Additional Information on Government Official Website

N/A

CHILE

INCB information template

Standard template used, but NOT in English

INCB information

Translated from Spanish, may not be completely accurate

Documentation required:

- Valid medical prescription, issued by the doctor, indicating the doctor's first and last name, address, indicating city, country, and telephone.
Presentation of the original prescription at the customs office of the country of destination.

Restrictions:

- Narcotic drugs: The prescription must indicate the name of the pharmaceutical preparation with its DCI, the dosage and total prescribed amount of the medication.
- Psychotropics: The medical prescription must indicate the name of the pharmaceutical preparation with its DCI, the dosage and the prescribed total amount of the medication.

List of prohibited substances:

- Narcotic drugs: Acetorphine, Cannabis and its resin, Ketomebidone, Desomorphine, Ethorphine, Heroin and the salts of these substances

The prescription should not exceed 30 days of treatment. If it does or the product is retained by customs, you must process the corresponding personal use approval on the platform provided by the Institute of Public Health of Chile.

URLs of Government Official Website/s

Link to website (Accessed 20/07/2019) **NEEDS TO BE RE-CHECKED**

Additional Information on Government Official Website

N/A

CHINA

INCB information template

Letter addressed to ICB from relevant authority- Department of Drug Safety and Inspections, dated April 2005.

INCB information

“Until now, there is no specific legal or administrative measures concerning the travellers leaving/entering China to carry medical preparations containing controlled substances for personal use.”

“The <narcotics drug control law> and <psychotropic substances control law> are being amended in China and they are expected to be enacted this year.”

URLs of Government Official Website/s

[Link to website](#) (Accessed 20/07/2019)

Additional Information on Government Official Website

“The quantity of medicine foreign short-stay tourists are permitted to carry should be within a “reasonable amount for personal use”.

“The quantity should be within a 7-day ration. Any exceeding the 7-day amount should be declared as cargo.”

“Tourists must provide written documentation from a medical institution to prove the necessity of the medicine. Customs will verify the amount of medicine the tourists needs according to the original prescription. A copy of the prescription will be kept as documentary evidence of the inspection of the tourist. A prescription can only be used for one customs inspection.”

CROATIA

INCB information template

N/A

INCB information

N/A

URLs of Government Official Website/s

[Link to website](#) (Accessed 01/09/2019)

Additional Information on Government Official Website

Bringing in prepared medicine for the personal needs of passengers is possible only in the quantities necessary for treatment for a maximum of one month (with the condition that it was approved by the competent bodies of the manufacturer's country), along with the appropriate medical documentation (history of illness, physician's certificate).

Bringing in medicine which contains narcotics, for personal needs of passengers, is possible in quantities necessary for treatment for a maximum of 5 days, also along with medical documentation showing the necessity of taking the medicine.

If the passenger is a person in addiction substitution therapy or under treatment for malignant diseases, the allowed quantity of the medicine may be for 15 days of personal use.

COLOMBIA

INCB information template

Standard template used, but NOT in English

INCB information

Translated from Spanish, may not be completely accurate

Documentation required:

- Valid medical prescription
- Presentation of original prescription to customs at country of destination

Restrictions:

- Narcotics- 30 days
- Psychotropic- 30 days

URLs of Government Official Website/s

None

Additional Information on Government Official Website

N/A

COSTA RICA

INCB information template

Standard template used

INCB information

Documentation required:

- Valid medical prescription
- Presentation of the original prescription at the Customs of the country of destination
- Other kind of documents, if yes, please indicate:
- Identification document
Medical report issued by the attending physician no more than three months previously;
Copy of the receipt of purchase of the medication, where applicable;
All documents must be translated into Spanish.

Restrictions:

- Narcotics- 1 month
- Psychotropic- 1 month

List of prohibited substances. If yes, please specify

- Narcotic drugs included in Schedule IV of the 1961 Convention and fentanyl ampoules

Other information

Courses of treatment of more than one month must be assessed by the Narcotics Surveillance Board.

URLs of Government Official Website/s

[Link to website](#) (Accessed 20/07/2019)

Additional Information on Government Official Website

“If you need to take your personal medicine while traveling to Costa Rica, please consider the following:

Carry just the necessary quantity, which is the quantity normally used by a person having your health problem.

You should have a prescription or a written statement from your doctor, specifying that the medicine is being used under his/her control and that you need it for your physical health.

Have the medicines labelled or properly identified.”

CYPRUS

INCB information template

Standard template used

INCB information

Documentation required:

- Valid medical prescription
- Doctor's certificate endorsed by the health authorities of the country of residence.

Restrictions:

- Narcotic drugs – 30 days
- Psychotropic substances – 30 days
- Other information – “request by the competent authority from the country of the residence must be sent to the Cyprus Pharmaceutical Services one month before entering the country to bring narcotic drugs or psychotropic substances for medical treatment. Schengen Agreement applicable.”

URLs of Government Official Website/s

[Link to website](#)

(Accessed 20/07/2019)

Additional Information on Government Official Website

“If you are carrying narcotics (i.e. morphine) or psychotropics (i.e. diazepam), please note that Cyprus is a signatory of the Schengen agreement. If coming from a country that is also a signatory, you are required to bring a declaration from your country that authorizes you to carry such medicines. The maximum validity of this authorization is 30 days.”

If coming from a country that is not a Schengen agreement signatory, you should request that the competent authority of your country send us a letter describing the nature of your treatment, medications, the dose, quantity required and the name of your physician. The Pharmaceutical services will send an authorisation for importation of narcotic drugs or psychotropic substances which will be forwarded to you. You should carry this to Cyprus and produce it when requested by local authorities.

CZECH REPUBLIC

INCB information template

Standard template used

INCB information

Documentation required:

- Valid medical prescription
- Doctors certificate endorsed by the health authorities of the country of residence

Restrictions:

- Narcotics- 30 days
- Psychotropic substances- 30 days

URLs of Government Official Website/s

[Link to website](#)

Additional Information on Government Official Website

“In case you intend to carry with you any medicaments/medication (narcotic or psychotropic substance) while travelling to the Czech Republic you should: carry quantities of such substances for personal use only, adequate quantity according to the length of your stay, and obtain a letter or prescription from their doctor stating that you need the medication for your personal use”

DENMARK

INCB information template

Standard template used

INCB information

Documentation required:

- Valid medical prescription
- Other- The traveller must provide proof of that the narcotic medicine is for medicinal purposes only and for the traveller's personal use e.g. providing a doctors certificate or pharmaceutical label with patient's name on it.

Restrictions

- Narcotic drugs

Medicine for 14 days if you live outside of a Schengen country.

Medicine for 30 days if you live in a Schengen country.

- Psychotropic substances

Medicine for 14 days if you live outside of a Schengen country.

Medicine for 30 days if you live in a Schengen country

URLs of Government Official Website/s

[Link to website](#) (Accessed 20/07/2019)

Additional Information on Government Official Website

“Medicine containing narcotic drugs and psychotropic substances (euphoriant substances) brought into Denmark: For people coming from EU/EEA countries and those from any other country, imports for personal use are allowed, but for no more than 30 days’ treatment.

DOMINICA

INCB information template

Standard template used

INCB information

Documentation required:

- Valid medical prescription
- Presentation of the original prescription to Customs at country of destination.

Restrictions:

- Narcotic drugs – “YES”
- Psychotropic substances – “YES”

URLs of Government Official Website/s

[Link to website](#) (Accessed 20/07/2019)

Additional Information on Government Official Website

“If you need to take your prescription medicine with you to the Dominican Republic, you must carry an original prescription stating the required dosage, or a letter from your doctor. This will prove to the Immigration authorities that you are carrying the drugs for your own consumption”

ECUADOR

INCB information template

Standard template used

INCB information

Documentation required:

- Valid medical prescription
- Presentation of the original prescription to

Customs at country of destination

URLs of Government Official Website/s

None

Additional Information on Government Official Website

N/A

EGYPT

INCB information template

N/A

INCB information

N/A

URLs of Government Official Website/s

[Link to website](#) (Accessed 01/09/2019)

Additional Information on Government Official Website

As exemption from the provisions of Chapter 1 of Part 1 of this regulation, Customs shall release promptly goods and luggage which are intended for personal use whether in the company of a passenger or sent by freight or mail parcel or purchased from the free shop. The subject goods and luggage, even if used, shall be allowed in except for two-stroke motorcycles unless sent for patients and handicapped.

ERITREA

INCB information template

Letter addressed to INCB from relevant authority – The State of Eritrea Ministry of Health

INCB information

“No person in accordance with this proclamation shall grow, import, export, manufacture, possess, store, trade, circulate from place to place, distribute, advertise or prescribe narcotic and/or psychotropic drug unless he shall first have obtained a permit therefore from the Department.”

“No person shall use narcotic and psychotropic drugs unless they are prescribed for him by a medical practitioner who is licensed to prescribe.”

“Therefore, all travellers leaving/entering the country carrying with them medical prescriptions for personal use containing controlled substances should have a valid prescription with them or get a permit from the Department of Regulatory Services, Ministry of Health.”

URLs of Government Official Website/s

None

Additional Information on Government Official Website

N/A

ESTONIA

INCB information template

Standard template used

INCB information

Documentation required:

- Valid medical prescription
- Other kind of documents – “Schengen citizens – Schengen certification issued in the country of permanent residence.”
“Non-Schengen citizens – For carrying up to one retail package (up to 20 unit doses) of any preparation containing internationally controlled drugs a copy of the prescription or a letter from the physician indicating that the preparation was prescribed for the traveller, specifying the amount prescribed and the duration of treatment.”
“If the quantity exceeds the quantity mentioned above the permit from State Agency of Medicines is required.”

Restrictions:

- Narcotic drugs – 30 days
Psychotropic substances – 30 days

URLs of Government Official Website/s

[Link to website](#) (Accessed 21/07/2019)

Additional Information on Government Official Website

“Narcotic or psychotropic medicinal products may be brought along without a permit of the State Agency of Medicines in quantity of 1 single package for retail sale consisting of up to 30 units or 25 ml. The medicinal products must be accompanied with a notice from a physician, in case of animals with a notice from a veterinarian, or with a copy of a prescription certifying the need for the medicinal product.”

ETHIOPIA

INCB information template

Standard template used

INCB information

Documentation required:

- Valid medical prescription

Restrictions:

No restrictions indicated

URLs of Government Official Website/s

None

Additional Information on Government Official Website

N/A

FIJI

INCB information template

N/A

INCB information

N/A

URLs of Government Official Website/s

[Link to website](#)

Accessed 21/07/2019

Additional Information on Government Official Website

If you are carrying prescription medicines or controlled drugs, you should have a prescription from your physician advising that the medicine is being used under a doctor's direction and is necessary for your physical well-being.

FINLAND

INCB information template

Standard template used

INCB information

Documentation required:

- Valid medical prescription
- Other kind of documents – Schengen Citizens Schengen certification issued in the country of permanent residence and/or Doctor's certificate

Restrictions:

- Narcotic drugs – 30 days for Schengen citizens, 14 for non-Schengen citizens
- Psychotropic substances - 30 days for Schengen citizens, 14 for non-Schengen citizens
- List of prohibited substances – “Buprenorphine: 48mg for Schengen citizens (pain treatment)
480mg for Schengen citizens (substitution treatment)
22,4mg for non-Schengen citizens (pain treatment)
224mg for non-Schengen citizens (substitution treatment) Methadone: 1200mg for Schengen citizens 560mg for non-Schengen citizens.
Schengen Agreement applicable.”

URLs of Government Official Website/s

[Link to website](#)

Accessed 21/07/2019

Additional Information on Government Official Website

Information consolidates INCB submission, check link for more information.

- *There are separate restrictions on the maximum quantity of medicines containing buprenorphine and methadone (see the [Government Decree](#))*
- *If a private person repeatedly imports the same or an equivalent medicinal preparation classified as a narcotic, the time between the imports must be at least the time it takes to use the previously imported quantity of the preparation.*
- *It is prohibited to simultaneously import medicinal preparations that contain narcotic drugs which, according to the package leaflet, would cause a clinically significant and dangerous interaction when used together.”*

FRANCE

INCB information template

Standard template used

INCB information

Documentation required:

- Valid medical prescription

Restrictions:

- Narcotic drugs - “X” *suggests quantitative restrictions apply*
- Psychotropic substances – no restrictions indicated
- List of prohibited substances – “Heroin (Diamorphine)”
- Other information – “When the quantity of the medical preparation transported corresponds to one month of treatment,

only a prescription proving personal use is required. When the quantities transported exceed one month of treatment, the patient must contact the French Health Products Safety Agency (Afssaps), (Narcotic and Psychotropic Drugs Unit)”

URLs of Government Official Website/s

[Link to website](#) (Accessed 21/07/2019). English version of the page is available.

Additional Information on Government Official Website

a) Information consolidates INCB submission. Check link for more details

“Private individuals may import narcotic drugs or psychotropic substances only if they carry them personally. The quantities carried must be compatible with personal therapeutic use for the length of treatment given on the prescription or, where there is none, treatment for one month under normal conditions of use.”

FRENCH POLYNESIA

INCB information template

Standard template used

INCB information

Documentation required:

- Valid medical prescription

Restrictions:

- Narcotic drugs – “X” *suggests quantitative restrictions apply*
- Psychotropic substances – “X” *suggests quantitative restrictions apply*

URLs of Government Official Website/s

None

Additional Information on Government Official Website

N/A

GAMBIA

INCB information template

N/A

INCB information

N/A

URLs of Government Official Website/s

[Link to website](#) (Accessed 21/07/2019)

Additional Information on Government Official Website

List of prohibited substances given on website

GEORGIA

INCB information template

Standard template used

INCB information

Documentation required:

- Valid medical prescription – “copy of medical prescription translated into English and endorsed by competent authority of the country of departure”
- Doctor’s certificate endorsed by the health authorities of the country of residence
- Other kind of documents – “Document issued by the competent authority of the country of departure confirming the authenticity of the doctor's certificate and the medical prescription indicating competent authority's name, juridical address, contact person, phone number and country of destination. Document shall also indicate: name, sex, age of a natural person; diagnosis, trade and international names of controlled substances, dosage form, quantity in tablets, ampules, etc.; method of administration and duration of treatment unless this information is provided in the medical prescription

Restrictions:

- Narcotic drugs – 31 days (“Also: Butorphanol, Nalbuphine, Tramadol; preparations containing: acetyldihydrocodeine, dihydrocodeine, codeine, nicodicodine, nicocodine, norcodeine, pholcodine and ethylmorphine”)
- Psychotropic substances – 31 days (“Also: Tianeptine, Ketamine, Pregabalin, Fenazepam; ephedrine, norephedrine, pseudoephedrine; ephedrine/norephedrine/ pseudoephedrine containing preparations.

List of prohibited substances:

- Substances listed in Schedule IV of the 1961 Convention and in Schedule I of the 1971 Convention

Other information

- The appropriate medical documentation is required for: Clophelin (eye drops and ampules), Clorpromazine, trihexyphenidyl hydrochloride, Propanidide, Thioridazine, baclofene, gabapentine, zopiclonum, zaleplone, tropicamid, dextromethorphan containing preparation, also narcotic drug containing preparations excluding those envisaged under schedule II of the Law on “Narcotic drugs, Psychotropic substances, Precursors and Narcological Aid

URLs of Government Official Website/s

[Link to website](#) (Accessed 21/07/2019)

Additional Information on Government Official Website

Information consolidates INCB information. Check link for more detailed information

GERMANY

INCB information template

Standard template used

INCB information

Documentation required:

- Valid medical prescription
- Doctor's certificate endorsed by the health authorities of the country of residence

Restrictions:

- Narcotic drugs – 30 days
- Psychotropic substances – 30 days
- Other information – “The Schengen Agreement applies

URLs of Government Official Website/s

[Link to website](#) (Accessed 21/07/2019)

Additional Information on Government Official Website

“When entering Germany travellers may bring with them medicinal products in quantities that meet usual personal needs. In such cases the usual personal need of a traveller is seen as being equivalent to a maximum of three months' supply of the recommended dose of each medicinal product, irrespective of whether the medicinal products were already taken out of Germany and are now being brought back, or whether the products have been purchased abroad. Neither is the authorisation or registration of the medicinal products in Germany of any relevance.”

“Travellers may carry narcotics that have been prescribed by a doctor, while travelling for a period of up to 30 days within the states of the Schengen area, if they are in possession of a certificate pursuant to Article 75 of the Schengen Agreement, that has been completed by the attending doctor and that has been certified prior to the journey by the highest regional health authority or by a competent body acting on behalf of that health authority.”

“Before entering Germany from a country that is not a member of the Schengen Agreement, patients shall have their prescribing physician issue, and carry on their journey, a multilingual certificate specifying the individual and daily doses, the name of the active ingredient and the duration of the journey.”

GHANA

INCB information template

Standard template used

INCB information

Documentation required:

- Valid medical prescription
- Doctor's certificate endorsed by the health authorities of the country of residence
- Certificate issued by the health authorities of the country of destination
- Presentation of the original prescription at the Customs of the country of destination

Restrictions

- Narcotic drugs: "Annexes II of the "Guidelines for national regulations concerning travellers under treatment with internationally controlled drugs" that are referred to in the CND resolution 46/6."
- Psychotropic substances- "Annex III of the "Guidelines for national regulations concerning travellers under treatment with internationally controlled drugs" that are referred to in the CND resolution 46/6."

URLs of Government Official Website/s

None

Additional Information on Government Official Website

N/A

HAITI

INCB INFORMATION TEMPLATE

Standard template used

INCB information

Documentation required:

- Valid prescription

Restrictions:

- Narcotics- 30 days
- Psychotropics- 30 days

URLs of Government Official Website/s

None

Additional Information on Government Official Website

N/A

HONG KONG

INCB INFORMATION TEMPLATE

Standard template used

INCB information

Documentation required:

- Valid medical prescription

Restrictions

- No restrictions indicated

URLs of Government Official Website/s

- a) [Link to website](#) (Accessed 21/07/2019)
- b) [Link to website](#) (Accessed 21/07/2019)
- c) [Link to website](#) (Accessed 21/07/2019)

Additional Information on Government Official Website

- a) *Importation/exploration of any prohibited/controlled items into or out of the Hong Kong Special Administrative Region (HKSAR) is governed by laws. The commonly found prohibited/controlled items are dangerous drugs, psychotropic substances, controlled chemicals, antibiotics, powdered formula, etc. Passengers are liable to prosecution if these items are brought into/out f HKSAR without a valid licence or permit.”*
- b) *“Importation of pharmaceutical products and medicine are controlled under the ‘Import and Export Ordinance, Chapter 60, Laws of Hong Kong’ and must be covered by a licence issues by Pharmaceutical products and medicines imported in the personal baggage of a person entering Hong Kong and which are accompanied by him and in a reasonable quantity for his personal use may be exempted from licensing requirement. Transshipment cargo may be exempted from licensing requirements under certain conditions.”*

HUNGARY

INCB information template

Letter addressed to INCB secretariat

INCB information

When a person under medical treatment with a controlled substance enters Hungary, a valid documentation must be presented according to the following: If the quantity of the narcotic drug does not exceed the quantity required for 3 days of treatment, an international certificate issued by the patient's GP is enough. The quantity of narcotic drug required for 3 to maximum 90 days' treatment can only be carried into Hungary in possession of an official certificate issued by the competent authority in the country of origin. Psychotropic substances required for 30-90 days' maximum treatment can only be carried into Hungary in possession of an official certificate issued by competent authority in country of origin. If quantity of psychotropic substance does not exceed amount required for 30 days' treatment, an international certificate issued by the patient's GP.

URLs of Government Official Website/s

[Link to website](#) (Accessed 21/07/2019)

Additional Information on Government Official Website

“While travelling within the European Union, people in need of continuous pharmacological treatment may carry medications in a quantity prescribed by their physicians for the length of their journey. For that purpose, it is advisable to obtain a medical certificate (“Certificate for possession of pharmaceutical products for travellers under treatment”) [“Igazolás gyógyszerkészít- mények birtoklására kezelés alatt álló utazók számára”] which can be found under and downloaded from the menu item “formanyomtatványok” of the webpage of the National Institute of Pharmacy and Nutrition (www.ogyei. gov.hu). If a non-EU citizen from a third country travels to Hungary, they may bring in their medication for the treatment of their illness certified by a physician in a quantity justifiable for their stay of 90 days at most.

“The export and import of drugs and psychotropic substances as well as medications and pharmaceutical products containing new psychoactive substances (typically sedatives, stimulants or hallucinogens) to (or from) Hungary from (or to) another Member State of the European Union or a third country is subject to a separate licensing procedure according to national regulations.” - Page 14.

ICELAND

INCB information template

Standard template used

INCB information

- Valid medical prescription
- Presentation of the original prescription at the Customs of the country of destination.

Other documents: Individual must be able to produce a physician's certificate, prescription or other written declaration, together with instructions for use, which provide satisfactory proof that the medicinal products have been acquired legitimately and are necessary to the individual in the amount specified.

- Restrictions:
- Narcotic drugs – “30 days for Schengen citizens, 14 days for non-Schengen citizens”
- Psychotropic substances – “30 days for Schengen citizens, 14 days for non-Schengen citizens”

URLs of Government Official Website/s

[Link to website](#) (Accessed 21/07/2019)

Additional Information on Government Official Website

“An individual can take in their luggage, when entering Iceland, or import through the mail from European Economic Area (EEA) states, medicinal products for his/her personal use in a quantity equivalent to no more than 100 days' use.”

“An individual can take along, when entering Iceland from states outside the EEA, medicinal products for his/her personal use in a quantity equivalent to no more than 100 days' use.”

In both cases, the import may not conflict with restrictions in Article 5 and Article 6 on import of psychotropics, narcotics, anabolic steroids and growth hormones.

INDIA

INCB information template

Letter addressed to INCB from relevant authority- Government of India, Narcotics Control Bureau

INCB information

“i) As per Rule 66(2) of NDPS rules 1985, any person may possess a reasonable quantity of psychotropic substances as may be necessary for his medical requirements for such period as is deemed necessary, provided that where such psychotropic substance in possession of an individual for his personal medical use as the quantity thereof shall not exceed one hundred dosage units at a time.”

“ii) As per Rule 67-A of the NDPS Rules 1985 a narcotic drug and psychotropic substance may be supplied or dispensed for use to a foreigner pursuant to medical prescription only from the authorised licensed pharmacists or other authorised retail distributors designated by authorisation responsible for public health.”

URLs of Government Official Website/s

[Link to website](#) (Accessed 21/07/2019)

Additional Information on Government Official Website

“International travellers wishing to bring any narcotic drug or psychotropic substance may, well before their departure from their country, seek permission of the Narcotics Commissioner to import the drugs. Their application should be accompanied by the prescription and any other relevant papers. After obtaining permission, they may bring the drugs with them.”

INDONESIA

INCB information template

Letter addressed to INCB from relevant authority – Republik Indonesia National Narcotics Board

INCB information

“Indonesia has not yet adopted specific legal or administrative measure to allow travelers leaving/entering the country to carry medical preparations containing controlled substances for personal use. In addition, we have law on narcotics (number 22 of the year 1997), psychotropic (number 5 of the year 1997) and immigration (number 9 of the year 1992).”

URLs of Government Official Website/s

[Link to website](#) (Accessed 21/07/2019)

Additional Information on Government Official Website

“It is ultimately prohibited to import into or to export out of Indonesia territory, possess, keep, produce, process, use and deliver NARCOTICS without the approval of concerning government agencies (Department of Health, Department of Industry and trade, and Police Department)”

“It is ultimately prohibited to import into or to export out of Indonesia territory, keep, produce, and distribute Psychotropic substances except for research purposes after having approval from Department of Health of the Republic of Indonesia c. q. Directorate General of medicines and Food – Pom”

IRELAND

INCB information template

Letter addressed to INCB from relevant authority- Community Health Division Dublin

INCB information

In Ireland, the current practice is that the customs officer must be satisfied that the documentation, e.g. letter(s) from the dispensing pharmacist and/or prescribing doctor, supports the amount and personal use of the medical products in the possession of the traveller.

URLs of Government Official Website/s

[Link to website](#) (Accessed 21/07/2019)

Additional Information on Government Official Website

*“It’s a rule of thumb that anything over a three-month supply of medicine will be questioned and any “**controlled drugs**” as well as any syringes or needles, should be declared and explained in a letter from your doctor.”*

ISRAEL

INCB information template

Standard template used

INCB information

Documentation required:

- Valid medical prescription
- Doctor's certificate endorsed by the health authorities of the country of residence
- Certificate issued by the health authorities of the country of destination
- Presentation of the original prescription at the Customs of the country destination

Restrictions:

- Narcotic drugs – 31 days
- Psychotropic substances – 31 days

URLs of Government Official Website/s

None

Additional Information on Government Official Website

N/A

ITALY

INCB information template

Standard template used

INCB information

Documentation required:

- Valid medical prescription
- Doctor's certificate endorsed by the health authorities of the country of residence
- Other kind of documents – "Certificate issued by the physician according to Annex I of DM 16 November 2007 (for citizens living in Italy going abroad.)"

Restrictions:

- Narcotic drugs – 30 days
- Psychotropic substances – 30 days

Other information – "Schengen Agreement applicable."

URLs of Government Official Website/s

None

Additional Information on Government Official Website

N/A

JAPAN

INCB information template

Standard template used

INCB information

Documentation required:

- Doctor's certificate endorsed by the health authorities of the country of residence (applicable for psychotropic substances ONLY)
- Certificate issued by the health authorities of the country of residence (narcotic drugs ONLY)
- Other kind of documents – (psychotropic substances ONLY) “If the traveller intend to import/export the psychotropics more than a certain amount or those in injection form, the traveller should have a certificate written by his/her doctor identifying the disease, the necessity of the drug (psychotropics) , the names of psychotropics and their quantities prescribed

Restrictions:

- Narcotic drugs – “Quantity must not exceed the appropriate amount, based on the usual daily dose.”
- Psychotropic substances – “30 days’ supply (see Narcotics Control Department website)”
- List of prohibited substances – “Heroin, Opium powder Methamphetamine, Amphetamine Cannabis Stimulant raw materials (such as ephedrine, pseudoephedrine, including their pharmaceutical forms)

URLs of Government Official Website/s

[Link to website](#) (Accessed 21/07/2019)

Additional Information on Government Official Website

If you have personal medicines like prescription drugs, up to 1 month supply, you do not need to apply for a Yakkan Shoumei import certificate. If it exceeds 1 month supply, you should apply for one, receive it before travel, and declare it to customs officers.

“When you bring your prescribed narcotics and psychotropics into Japan, you have to apply for permission by the Japanese Government (the directors of the Regional Bureaus of Health and Welfare) and receive it before you leave home. When you bring certain amount of psychotropics and injectable drug into Japan, you have to have a copy of prescription or other relating documents which certify they are for your treatment.”

JORDAN

INCB information template

Standard template

INCB information

Documentation required:

- Valid medical prescription
- Doctor's certificate endorsed by the health authorities of the country of residence
- Other documents: The patient must obtain the necessary authorizations from the Drug Directorate, Food and Drug Administration, to carry such drugs or psychotropic substances on exiting or entering the country, and for his personal use.

Restrictions:

- Narcotics- Use restricted to 6 months, provided that the quantity does not exceed that which is indicated in the Guidelines of International Narcotics Control Board concerning travellers
- Psychotropic substances- Use restricted to 6 months, provided that the quantity does not exceed that which is indicated in the Guidelines of International Narcotics Control Board concerning traveller.

URLs of Government Official Website/s

None

Additional Information on Government Official Website

N/A

KAZAKHSTAN

INCB information template

Standard template used

INCB information

Documentation required:

- Valid medical prescription

Restrictions:

- Narcotic drugs – “5-10 day course of treatment”
- Psychotropic substances – “5-10 day course of treatment”
- Other information – “Laws and regulations of the Republic of Kazakhstan establishing legal, regulatory and administrative measures to permit travellers entering or leaving the country to transport medications containing controlled substances for personal medical use: - Law No. 291 of 10 July 1998 of the Republic of Kazakhstan on narcotic drugs, psychotropic substances and precursors and measures to combat their trafficking and abuse; - Decision No. 396 of 30 March 2012 of the Government of the Republic of Kazakhstan approving rules for the medical use of narcotic drugs, psychotropic substances and precursors subject to control in the Republic of Kazakhstan.”

URLs of Government Official Website/s

None

Additional Information on Government Official Website

N/A

KENYA

INCB information template

Standard template used

INCB information

Documentation required:

- Valid medical prescription
- Presentation of the original prescription at the Customs of the country of destination

Restrictions:

- Narcotic drugs – 30 days
- Psychotropic substances – 30 days

URLs of Government Official Website/s

None

Additional Information on Government Official Website

N/A

KOREA (REPUBLIC OF)

INCB information template

Standard template used

INCB information

Documentation required:

- Valid medical prescription
 - Doctor's certificate endorsed by the health authorities of the country of residence
 - Certificate issued by the health authorities of the country of destination
- Other kind of documents – “passport copy, permit application form”

Restrictions:

- Narcotic drugs – 90 days
- Psychotropic substances – 90 days

URLs of Government Official Website/s

[Link to website](#) (Accessed 21/07/2019)

Note: Website is in Korean, but has English translation

Additional Information on Government Official Website

Drugs which must be declared to customs: “Narcotic drugs such as opium, heroin, cocaine, MDMA, hemp and Philopon; Viagra; Cialis; and diet pills.”

KYRGYZSTAN

INCB information template

Standard template used

INCB information

Documentation required:

- Valid medical prescription
- Other kind of documents – “Medical document (prescription from a doctor), endorsed by the health authorities of the country of origin, that attests to the presence of an illness.”

Restrictions

- Narcotic drugs
- Psychotropic substances
- List of prohibited substances – “List of prohibited narcotic drugs and psychotropic substances whose trade is prohibited on the territory of the Kyrgyz Republic (Decision No. 543 of 9 November 2007 of the Government of the Kyrgyz Republic).”
- Other information – “The quantity and doses of the substances must not exceed those stated in the prescription.”

URLs of Government Official Website/s

None

Additional Information on Government Official Website

N/A

LAO

INCB information template

Standard template used

INCB information

- Valid medical prescription
- Doctor's certificate endorsed by the health authorities of the country of residence
- Certificate issued by the health authorities of the country of destination
- Presentation of the original prescription at the Customs of country of destination
- Other kind of documents – “Ministry of Health No: 456/MOH, dated 19 April 2006 governing The Control of Narcotic drugs, Psychotropic Substances and Precursors.”

Restrictions

- Narcotic drugs – “Refer to the dose of prescribed medicine.”
- Psychotropic substances – “Refer to the dose of prescribed medicine.”
- List of prohibited substances – “Pseudoephedrine was banned in Lao PDR referring to the Ministry of Health Degree No: 899/MOH, dated 2 June 2014.”

URLs of Government Official Website/s

[Link to website](#) (Accessed 21/07/2019)

Additional Information on Government Official Website

“Medicines you may need:

The prescription medicines you take every day in enough quantity to cover your entire trip. A list of the medications you take in case of loss or theft.”

LATVIA

INCB information template

Standard template used

INCB information

- Valid medical prescription

Restrictions:

- Narcotic drugs – “30 for Schengen citizens. 14 for non-Schengen citizens” *presumably days*
- Psychotropic substances – 30 days
- List of prohibited substances – “Schedule I of the substances under control in Latvia”

Other information – “Schengen Agreement applicable”

URLs of Government Official Website/s

- 1) [Link to website](#) (Accessed 21/07/2019)
- 2) [Link to website](#) (Accessed 21/07/2019)

Additional Information on Government Official Website

From website 2, *“Natural persons who cross the State border may export or import medicinal products included in Registers II and III for personal use without a special permit if the medicinal products included in Register II are intended for a course of medical treatment, which is not longer than 14 days, but the medicinal products included in Register III are intended for a course of medical treatment, which is not longer than 30 days. The need to use such medicinal products shall be certified by the person by presenting a prescription, a duplicate or copy of the prescription or other documents that certify such facts.”- Section 39*

LEBANON

INCB information template

Standard template used

INCB information

Documentation required:

- Valid medical prescription
- Other documents: Certified copy of medical prescription with stamp of pharmacy issuing the drug Identity document.
- Medical report explaining the case.
- Approval of the competent authority of the destination country (Department of Narcotics at the Ministry of Public Health of Lebanon)

Restrictions:

- Narcotics: 7 days
- Pyschotropics: 30 days

URLs of Government Official Website/s

None

Additional Information on Government Official Website

N/A

LITHUANIA

INCB information template

Standard template used

INCB information

Documentation required:

- Valid medical prescription

Restrictions:

- Narcotic drugs: 15 days without Schengen certificate, 30 days with Schengen certificate.
- Psychotropic substances: 15 days without Schengen Certificate for substances listed in Schedule II or III of the 1971 convention. 30 days with Schengen Certificate, and for substances in Schedule IV of the 1971 convention.
- List of prohibited substances: Substances listed in Schedule IV of the 1971 Convention or in Schedule I of the 1971 Convention, plus most stimulants.

URLs of Government Official Website/s

[Link to website](#) (Accessed 21/07/2019)

Additional Information on Government Official Website

Without a physician's warrant or prescription copy, no more than 5 original medicine packs can be brought in.

With the physician's warrant or prescription copy, one can increase the number to between 6 and 9 original medicine packs.

Narcotic and psychotropic medicines are allowed to carry only for personal use in connection with health care.

LUXEMBOURG

INCB information template

Standard template used

INCB information

Documentation required:

- Valid medical prescription required
- Doctor's certificate endorsed by the health authorities of the country of residence

URLs of Government Official Website/s

[Link to website](#) (Accessed 21/07/2019)

Additional Information on Government Official Website

Main categories of goods that may not be imported into Luxembourg include

- Narcotics

MACAO

INCB information template

Letter addressed to INCB from relevant authority – the People’s Republic of China

INCB information

- In accordance with article 9 of the Law No.34/99/M of Macao: Travellers leaving or entering Macao are allowed to carry medical preparations containing of Table 1A, Table 2 B, 2 C, Table 3 and Table 4 for personal use (Pg. 59- 60). However, the quantities are restricted of 30 days of treatment, and documents prescribed by the medical practitioners confirming that the traveller is a bona fide patient under treatment are also required.
- If the traveller could not provide the preceding sub-paragraph required documents, necessity for using such medical preparations should be confirmed by health authorities (Pg. 60).”
- “If travellers do not produce the above- mentioned documents, any substances or preparations referred to in Paragraph 1 of this article should be held by customs authority; or if the needs of treatment do not confirm by Macao Health Authority, those medical preparations should be detained by customs authority (Pg. 60).”
- “In addition, we would like to notify that the following substances and its preparations are prohibited to import and/or use within the territory of Macao: Amfepramone, Phentermine, Fenproporex, Mefenorex, Norpseudofedrine (Cathine), Phendimetrazine.”

URLs of Government Official Website/s

None

Additional Information on Government Official Website

N/A

MALAYSIA

INCB information template

Standard template used

INCB information

Documentation required:

- Valid medical prescription; Issued in the country of departure by the patient's treating physician.
- Presentation of the original prescription at the Customs of the country of destination
- Other documents: Doctor's letter, issued in the country of departure and should indicate the name of the patient, the name of the medicinal product (usually a trademark but also an international name of the active substance), the posology and total amount of medical preparation prescribed.

Restrictions:

- Narcotic drugs – 30 days
- Psychotropic substances – 30 days

List of prohibited substances: Substances listed in Part I and II in the First Schedule of the Dangerous Drugs Act 1952. Please refer to our webpage, <https://www.pharmacy.gov.my/v2/en/documents/dangerous-drugs-act-1952-and-regulations.html> for more details

Other information: A guide for travellers has been developed and can be accessed on our webpage; <https://www.pharmacy.gov.my/v2/en/documents/travellers-guide-bringing-medication-malaysia.html>

URLs of Government Official Website/s

[Link to website](#) (Accessed 24/07/2019)

Additional Information on Government Official Website

Medicines including vitamins and health supplements coming into Malaysia for your personal use of for one of your family members shall not exceed 1 months' supply for the use of one person.

“Prescription medicines containing dangerous drugs such as cannabis or narcotic based medication which may be subject to abuse, misuse or dependence need to be declared at the border on arrival.”

For prescription medicines controlled under the Dangerous Drugs Act 1952 and the Poisons (Psychotropic Substances) Regulations 1989, please bring along the valid prescription or a letter from your doctor. A valid prescription should be written in English, or if not, accompanied by a translation. It should be outlined with the name of the medicine, the dosage you require and the quantity being brought.

MALTA

INCB information template

Standard template used

INCB information

Documentation required:

- Valid medical prescription
- Schengen agreement applicable

URLs of Government Official Website/s

None

Additional Information on Government Official Website

N/A

MAUTIRIUS

INCB information template

Letter addressed to INCB from relevant authority – Republic of Mauritius Ministry of Foreign Affairs, International Trade And Regional Co- operation.

INCB information

Very detailed letter, details can be read [here](#) .

URLs of Government Official Website/s

[Link to website](#) (Accessed 26/07/2019)

Additional Information on Government Official Website

“A passenger under medical treatment is allowed to bring along his medicines provided it is supported by a valid prescription issued by a medical practitioner.”

MEXICO

INCB information template

Standard template used

INCB information

Documentation required:

- Presentation of the original prescription at the Customs of the country of destination.
- Other documents: In the case of application to the competent authority for authorization, the original of that authorization must be presented together with the prescription.

Restrictions:

List of prohibited substances;

- Prepared opium, for smoking
- Diacetylmorphine (heroin) and its salts or preparations thereof Cannabis sativa, Cannabis indica, marijuana
- Papaver somniferum
- Papaver bracteatum and Erythroxylum novogranatense or coca, in any of their forms, or their derivatives, or preparations containing them
- Cathinone
- Diethyltryptamine (DET)
- 2,5-dimethoxyamfetamine (DMA)
- 3-(1,2-Dimethylheptyl)-7,8,9,10-tetrahydro-6,6,9-trimethyl-6Hdibenzo[b,d]pyran-1-ol (DMHP)
- 3-[2-(dimethylamino)ethyl]indole (DMT)
- Brolamfetamine (DOB)
- 2,5-dimethoxy-4-ethylamfetamine (DOET)
- (+)-lysergide (LSD, LSD-25)
- Methylenedioxyamfetamine (MDA)
- 3,4-methylenedioxyamfetamine (MDMA)
- 5-methoxy-3,4-methylenedioxyamfetamine (MMDA) Parahexyl
- Eticyclidine (PCE)
- Rolicyclidine (PHP, PCPY)
- Psilocine

URLs of Government Official Website/s

[Link to website](#) (Accessed 26/07/2019)

Additional Information on Government Official Website

Medicines for personal use are allowed entry regardless of active component, and must have a prescription or letter from their GP stating the amount required by the person during their stay in Mexico, amount being brought into the country, and the daily dose.

MICRONESIA

INCB information template

Standard template used

INCB information

Documentation required:

- Valid medical prescription
- Doctor's certificate endorsed the health authorities of the country of residence

Restrictions:

- Narcotic drugs – 30 days
- Psychotropic drugs – 30 days

URLs of Government Official Website/s

[Link to website](#) (Accessed 26/07/2019)

Additional Information on Government Official Website

Importation of controlled substances or weapons is strictly prohibited.

MOLDOVA

INCB information template

Standard template used

INCB information

Documentation required:

- Doctor's certificate endorsed by the health authorities of the country of residence
- Certificate issued by the health authorities of country of destination

Restrictions:

- Narcotic drugs – 7 days
- Psychotropic drugs – 30 days

URLs of Government Official Website/s

None

Additional Information on Government Official Website

N/A

MONTENEGRO

INCB information template

Standard template

INCB information

Documentation required:

- Doctor's certificate endorsed by the health authorities of the country of residence

Restrictions:

- Narcotic drugs – 30 days
- Psychotropic substances – 30 days

URLs of Government Official Website/s

[Link to website](#) (Accessed 27/07/2019)

Additional Information on Government Official Website

“Persons entering or leaving the country can bring in a reasonable quantity of medicines needed for personal use or for pets that he/she is bringing, for a period not exceeding 6 months.”

MONTSERRAT

INCB information template

Standard template used

INCB information

Documentation required:

- Valid medical prescriptions
- Doctor's certificate endorsed by the health authorities of the country of residence

Restrictions:

- Narcotic drugs – *not specified*
- Psychotropic substances – *not specified*

URLs of Government Official Website/s INCB information

None

Additional Information on Government Official Website

N/A

MOROCCO

INCB information template

Standard template used

INCB information

Documentation required:

- Valid medical prescription
- Doctor's certificate endorsed by the health authorities of the country of residence
- Certificate issued by the health authorities of the country of destination
- Other kind of documents – “Written request from patient - Licence for release for consumption (for medical preparations not on sale in Morocco), issued by the Moroccan health authorities - Certificate/licence for transport of medical preparations (if necessary)”

URLs of Government Official Website/s INCB information

None

Additional Information on Government Official Website

N/A

MYANMAR

INCB information template

Letter addressed to INCB- Central Committee for Drug Abuse control, Ministry of Home Affairs, The Republic of the Union of Myanmar

INCB information

Letter on INCB is lengthy, and states conditions for use of Methadone liquid in Myanmar as well as requirements for its import for personal use and acceptable dose limits.

URLs of Government Official Website/s INCB information

None

Additional Information on Government Official Website

N/A

NAMIBIA

INCB information template

Standard template used

INCB information

Documentation required:

- Valid medical prescription
- Doctor's certificate endorsed by the health authorities of the country of residence

Restrictions:

- Narcotic drugs – 30 days
- Psychotropic drugs – 30 days

URLs of Government Official Website/s INCB information

None

Additional Information on Government Official Website

N/A

NAURU

INCB information template

Letter addressed to INCB from relevant authority – Minister For Health, Shipping Women’s Affairs & Nauru Rehabilitation Corporation.

INCB information

“Nauru’s initial response is that there exists the “Dangerous Drugs Ordinance 1952-1966” which prohibits the exportation of any dangerous drug (which are listed in the Ordinance). The same Ordinance prohibits the importation of any dangerous drug unless with a permit issued by the President and only for medical practitioners or other person deemed fit by the President. There does not exist any legal or administrative measures in Nauru to allow travellers entering/leaving the country to carry medical preparations containing controlled substances for personal use.”

URLs of Government Official Website/s INCB information

None

Additional Information on Government Official Website

N/A

NETHERLANDS ANTHILLES

INCB information template

Standard template used

INCB information

The information below ONLY APPLIES TO DUTCH CITIZENS TRAVELLING OUTSIDE THE NETHERLANDS.

Documentation required:

- Valid medical prescription
- Doctor's certificate endorsed by the health authorities of the country of residence

Restrictions:

- Narcotic drugs: 30 days
- Psychotropics: 30 days
- Other information:

Within the territory of the Schengen treaty there is a maximum of 30 days.

This can be extended with additional forms until a maximum of 90 days. The same period is used for international travellers.

URLs of Government Official Website/s INCB information

[Link to website](#) (Accessed 28/07/2019)

Additional Information on Government Official Website

“You are only allowed to bring in medicines for your own use. Sometimes we ask for proof that the medication is for yourself (or for your children). You can demonstrate this with a medication passport for instance. A medication passport can be obtained at your physician or pharmacy.”

NEW ZEALAND

INCB information template

Standard template used

INCB information

Documentation required:

- Other kind of documents – “Please see attached Appendix I.” *No appendix attached on INCB website*

Restrictions:

- Narcotic drugs – 30 days
- Psychotropic substances – 30 days

URLs of Government Official Website/s INCB information

[Link to website](#) (Accessed 29/07/2019)

[Link to website](#) (Accessed 29/07/2019)

Additional Information on Government Official Website

“If you are carrying prescription medicines or controlled drugs, you must:

- *have a prescription or letter from your doctor*
- *carry the drugs in their original containers*
- *only carry up to three months’ supply of prescription medicines, or*
- *only carry one month’s supply of controlled drugs.”*

“If you arrive in New Zealand carrying controlled drugs on you or in your luggage, you may import them provided that you:

- *declare the controlled drugs on your passenger arrival card to present to New Zealand Customs Service*
- *demonstrate to NZ Customs that the drug: is required for treating a medical condition for you or for someone under your care and control who is travelling with you, has been lawfully supplied to you in the country of origin, and is no more than one month’s supply”*

NIGER

INCB information template

Letter addressed to INCB from relevant authority – NOT in English.

INCB information

Translated from French- may not be completely accurate.

Following the abovementioned correspondence, I have the honor to bring to your attention the regulations relating to the detention of narcotic drugs and psychotropic substances adopted by the Nigerien Competent Authorities. According to Article 25 of Decree No. 97-301 / PRN / MSP of 6 August 1997, laying down the procedures for the application of Ordinance n97-002 of 10 June 1997 on pharmaceutical legislation, the possession of a narcotic drug must not exceed seven (7) days at regularly prescribed doses, however, that of psychotropic drugs may cover sixty (60) days. This provision is supplemented by the n0049 / MSP / DPHL determining the conditions of validity of a medical prescription. At the end of this order, the validity of any medical prescription is determined by its authenticity, the patient's right of prescription and its technical regularity. While thanking you for your constant collaboration, I beg you to accept, Sir, the assurance of my highest consideration.

URLs of Government Official Website/s INCB information

None

Additional Information on Government Official Website

N/A

NORWAY

INCB information template

N/A

INCB information

N/A

URLs of Government Official Website/s INCB information

[Link to website](#) (Accessed 01/09/2019)

Additional Information on Government Official Website

When traveling, you may, for personal, medical use, include medicines containing active substances listed on the doping list for up to 30 days of use.

OMAN

INCB information template

Standard template used

INCB information

Documentation required:

- Valid medical prescription
- Other kind of documents, if yes, please indicate:

Medical Report from the institution where the patient is getting treated and should not exceed six months from the date of issue (attached Guidance for importing medicinal products into Oman for personal use)

Restrictions:

- Narcotic drugs: 30 days
- Psychotropic substances: 30 days

URLs of Government Official Website/s INCB information

None

Additional Information on Government Official Website

N/A

PALAU

INCB information template

Standard template used

INCB information

Documentation required:

- Valid medical prescription
- Doctor's certificate endorsed by the health authorities of the country of residence

Restrictions:

- Narcotic drugs: 30 days
- Psychotropic substances: 30 days

URLs of Government Official Website/s INCB information

None

Additional Information on Government Official Website

N/A

PANAMA

INCB information template

Standard template used

INCB information

Documentation required:

- Valid medical prescription
- Other kind of documents – “Air waybill, retail invoice, note from the patient requesting the importation of the product into the country for personal use.”

URLs of Government Official Website/s INCB information

None

Additional Information on Government Official Website

N/A

PERU

INCB information template

Standard template used

INCB information

Documentation required:

- Valid medical prescription
- Doctor's certificate endorsed by the health authorities of the country of residence
- Presentation of the original prescription at the Customs of the country of destination

Restrictions:

- Narcotic drugs: 5 days according to treatment, *Fifth supplementary provision of Supreme Decree No. 023-2001-SA.
- Psychotropic substances: According to treatment.
- List of prohibited substances: Lists 1A and 1B of the annex to the regulations contained in Supreme Decree No. 023-2001-SA.
- Other information: Supreme Decree No. 016-2001-SA, art. 20, para. (d)

URLs of Government Official Website/s INCB information

[Link to website](#) (Accessed 29/07/2019)

Additional Information on Government Official Website

“Prescription drugs for personal use must have the following on the Commercial Invoice and on the doctor's prescription: complete name and telephone number of the doctor and patient. The following must also be shown: name of drug, form of medicine such as tablets, capsules, liquid, etc; quantity; type of packaging; name of medical condition; dosage; strength and whether the medication can be purchased in the destination.”

POLAND

INCB information template

Standard template used

INCB information

Documents required:

- Other documents: Documents permitting the import or export of narcotic medicines, psychotropic substances for their own medical needs issued by the Chief Pharmaceutical Inspector

Restrictions:

- Narcotic drugs: 30 days
- Psychotropic substances: 30 days

URLs of Government Official Website/s INCB information

[Link to website](#) (Accessed 29/07/2019)

Additional Information on Government Official Website

“Medicines for personal consumption are allowed in.”

PORTUGAL

INCB information template

Letter addressed to INCB from relevant authority – Instituto Nacional da Farmácia e do Medicamento, Portugal.

INCB information

Under article 13 (International movement of persons) of Decree-Law No. 15/93, of 22 January, amended 20 February, persons who cross Portuguese borders may carry, for their own use, medical preparations containing controlled substances in quantities not exceeding those required for 30 days' treatment, upon presentation of a medical document justifying the need for their use.

Persons failing to provide a document justifying the need for the use of such substances shall incur the penalties set out in article 21 (Trafficking and other illicit activities) of the same Decree.

URLs of Government Official Website/s INCB information

[Link to website](#) (Accessed 29/07/2019)

Additional Information on Government Official Website

“Any persons crossing Portuguese borders may, for the purpose of their personal use and if they present a medical document justifying the need thereof, be in possession of a quantity of substances and preparations listed in Tables I-A, II-B, II-C, III and IV, not in excess of the quantity that is necessary for 30 days' treatment.”

QATAR

INCB information template

Standard template used

INCB information

Documentation required:

- Valid medical prescription
- Certificate issued by the health authorities of the country of destination.

Restrictions

- Narcotic drugs: 10 days
- Psychotropic substances: 60 days

URLs of Government Official Website/s INCB information

[Link to website](#) (Accessed 29/07/2019)

Additional Information on Government Official Website

Prohibition and restriction: Drugs of all types and classes

RUSSIA

INCB information template

Letter addressed from relevant authority – NOT in English

INCB information

Information is entirely in Russian.

URLs of Government Official Website/s INCB information

[Link to website](#) (Accessed 29/07/2019)

Additional Information on Government Official Website

In accordance with the law of the Eurasian Economic Union (hereinafter - the Union), physical bodies are entitled to import (export) both registered and non-registered medical agents, not containing narcotic and psychotropic substances, without provision to the customs authorities of any permit documentation (p. 4 of the Provision to 2.14).

In case if the medical agents are included into the section 2.12 of the Decision No 30 its entry is performed in accordance with the Provision to 2.12 (p. 6), according to which physical persons are entitled to import (export) limited amount of narcotic drugs, psychotropic substances and their precursors in the form of medical agents for personal administration on medical indications in case of presence of supporting medical documents with specification of name and amount of the goods. At that, in case of entry to the territory of the Russian Federation. supporting medical documents (its certified copies) shall be issued in the Russian language, or its certified translation into the Russian language shall be applied.

ST LUCIA

INCB information template

Standard template used

INCB information

Documentation required:

- Valid medical prescription
- Doctor's certificate endorsed by the health authorities of the country of residence.
- Certificate issued by the health authorities of the country of destination.
- Presentation of the original prescription at the Customs of the country of destination

Restrictions:

- Narcotic drugs: 30 days
- Psychotropic substances: 30 days

URLs of Government Official Website/s INCB information

[Link to website](#) (Accessed 29/07/2019)

Additional Information on Government Official Website

Restricted imports: Cannabis sativa, including parts of the plant, cannabis indica, choras, ganja or any preparation or mixture thereof, except under licence of the Chief medical Officer, other narcotic drugs and psychotropic substances including controlled drugs except under licence of the Chief Medical Officer.

SAUDI ARABIA

INCB information template

Letter addressed to INCB

INCB information

Information entirely in Arabic

URLs of Government Official Website/s INCB information

None

Additional Information on Government Official Website

N/A

SENEGAL

INCB information template

Letter addressed to INCB- Ministere de la Sante et de la prevention medicale.

INCB information

Information translated from French- may not be completely accurate

Following your reference letter, I have the honor to inform you that, in Senegal, medical preparations containing controlled substances may be issued only on the prescription of active medicine. For travelers entering or leaving Senegal, the order must be verified. Yours sincerely, I wish to extend to you, Sir, the assurance of my highest consideration.

URLs of Government Official Website/s INCB information

[Link to website](#) (Accessed 29/07/2019)

Additional Information on Government Official Website

“Goods submitted when their importation requires some particular procedures: Drugs (other than those destined to personal use): authorization delivered under the form of certificated paper delivered by the ministry of Health.

SEYCHELLES

INCB information template

Standard template used

INCB information

Documentation required:

- Valid medical prescription
- Doctor's certificate endorsed by the health authorities of the country of residence
- Certificate issued by the health authorities of the country of destination
- Presentation of the original prescription at the Customs of the country of destination

Restriction

- Narcotic drugs: 30 days
- Psychotropic substances: 90 days
- List of prohibited substances: Flunitrazepam

URLs of Government Official Website/s INCB information

[Link to website](#) (Accessed 29/07/2019)

Additional Information on Government Official Website

“If you are unsure about the goods you plan to import, contact customs before you do so. Customs will advise you in writing and you may legally rely on this advice.”

“Restricted Goods (requiring a Permit): Approval from Ministry of Health”

- *Pharmaceutical and Veterinary products*

SINGAPORE

INCB information template

Standard template used

INCB information

Documentation required:

- Valid medical prescription
- Other documents: doctor's letter

Restrictions:

- Narcotic drugs: 3 months
- Psychotropic substances: 3 months
- List of prohibited substances: Please refer to https://www.hsa.gov.sg/content/hsa/en/Health_Products_Regulation/Consumer_Information/Personal_Import_Regulations/bringing_personal_medication_into_Singapore.html
- Other information: Please refer to https://www.hsa.gov.sg/content/hsa/en/Health_Products_Regulation/Consumer_Information/Personal_Import_Regulations/bringing_personal_medication_into_Singapore.html

URLs of Government Official Website/s INCB information

[Link to website](#) (Accessed 29/07/2019)

Additional Information on Government Official Website

Website contains comprehensive table of conditions and certain medications.

SLOVAKIA

INCB information template

Standard template used

INCB information

Documentation required

- Other kind of documents: Certificate issued by the health authorities of the country of residence (Schengen Agreement). To hold a formal confirmation from pharmacy that travellers possess medical preparation licitly.

Restrictions:

- Narcotic drugs – “7 days for Schedule I, 1961 Convention 30 days for Schedule III, 1961 Convention”
- Psychotropic substances – “7 days for Schedule II, 1971 Convention 30 days for Schedules III and IV, 1971 Convention”
- Other information – “Schengen Agreement applicable

URLs of Government Official Website/s INCB information

[Link to website](#) (Accessed 29/07/2019)

Additional Information on Government Official Website

“Non-commercial goods mean any goods in a passenger’s baggage imported from third countries, if the goods are determined for passenger’s personal consumption or personal consumption of his household or having the character of a gift, provided that the character and quantity of products may not raise suspicion that they are imported for business purposes and the import is realised on occasional basis only. The passenger is obligated to report and submit the goods to the customs authority.”

SLOVENIA

INCB information template

Standard template used

INCB information

Documentation required:

- Valid medical prescription

Restrictions:

- Narcotic drugs – 5 days
- Psychotropic substances – 5 days
- Other information – “Schengen agreement applicable.”

URLs of Government Official Website/s INCB information

None

Additional Information on Government Official Website

N/A

SOLOMON ISLANDS

INCB information template

Letter addressed from relevant authority – Pharmacy Services Division, Ministry of Health and Medical Services, Solomon Islands

INCB information

As far as I am aware, there are no legislative restrictions in Solomon Islands on travellers either entering or leaving with such personal medication, provided that the substance is not itself ‘banned’ here – and we have not, as yet, specifically banned any medicinal substance.”

“As a matter of practical policy, we expect that such medicines will have been legally supplied in the country of origin, and where there may be doubt, we advise Customs officers on the entry to request our intervention/advice on a case-by- case basis.”

As to exit, there are no regulations – any medicine legally obtained here may be taken out for personal use.”

URLs of Government Official Website/s INCB information

[Link to website](#) (Accessed 29/07/2019)

Additional Information on Government Official Website

No indication that there is any restriction on medicines.

SOUTH AFRICA

INCB information template

Standard template used

INCB information

Documentation required:

- Valid medical prescription
- Doctor's certificate endorsed by the health authorities of the country of residence
- Certificate endorsed by the health authorities of the country of residence
- Presentation of the original prescription at the Customs of the country of destination
- Other kind of documents – “copy of passport & itinerary”

Restrictions:

- Narcotic drugs – 60 days
- Psychotropic substances – 60 days

URLs of Government Official Website/s INCB information

[Link to website](#) (Accessed 29/07/2019)

Additional Information on Government Official Website

“Medicine, in the normal course of events, are prohibited by private individuals, but by way of a concession immigrants and tourists visiting the Republic may bring with them for their personal use a supply for a month provided they are in possession of a prescription for such medicine or a certificate from a chemist to the effect that the medicine was duly prescribed by a physician. This does not apply to small amounts of patent medicines, e.g. aspirin, which are carried for own use.”

SPAIN

INCB information template

Letter addressed from relevant authority – NOT in English

INCB information

Letter is entirely in Spanish.

URLs of Government Official Website/s INCB information

[Link to website](#) (Accessed 29/07/2019)

Additional Information on Government Official Website

If you're travelling from another European Union country: There are no limits to what you can buy and take with you when you travel between countries in the European Union, provided what you buy is for your own personal use.

If you're travelling from a country outside the European Union: Travellers are permitted to enter Spain with their personal baggage, which may contain items for personal or family use, or to be given as presents. These will not in principle be considered as commercial goods, depending on the quantity or type of goods. This evaluation will be made by the customs services on arrival.

SRI LANKA

INCB information template

Standard template used

INCB information

Documentation required:

- Valid medical prescription
- Other kind of documents – “License to import drugs for personal use has been issued by the competent authority as individual patient basis.”

Restrictions:

- Narcotic drugs – *none listed*
- Psychotropic substances – *none listed*
- List of prohibited substances – “Lysergic acid diethylamide (LSD) or any salt thereof. M, N- Dimethyltryptamine (DET) or any salt thereof. N,N-Dimethyltryptamine (DMT) or any salt thereof. 4-Methyl- 2,5,-dimethoxyamphetamine (STP) (DOM) of any salt thereof.”
- Other information – “Maximum quantity permitted is as per the quantity specified in the prescription issued by a consultant Medical Practitioner.”

URLs of Government Official Website/s INCB information

[Link to website](#) (Accessed 29/07/2019)

Additional Information on Government Official Website

Medicines not listed as restricted articles, and list states that “ANY ITEM NOT LISTED ABOVE SHALL BE PERMITTED AT THE DISCRETION OF THE DIRECTOR GENERAL”

SWEDEN

INCB information template

Standard template used

INCB information

Documentation required:

- Valid medical prescription – “comment: Or other proof of medicinal purpose and personal use.”
- Other kind of documents – “The traveller must provide proof that the narcotic medicine is for medicinal purposes and for the traveller’s personal use, e.g. doctor’s certificate, pharmaceutical label with the patients and doctors name on it

Restrictions:

- Narcotic drugs Maximum 5 days’ supply.

When travelling with medicines containing narcotics in schedule I of the Swedish Medical Products Agency’s provisions on lists of narcotics (e.g. cannabis plant material, heroin) a special permit from the Medical Products Agency is compulsory.

- Psychotropic substances Maximum 5, 21 or 90 days’ supply depending on national schedule
- Other information: Article 5a of the Ordinance (1992:1554) on the control of narcotic drugs: Residences from other Schengen countries may bring narcotic drugs or psychotropic substances corresponding to a maximum of 30 days’ supply. Schengen certification is needed for medicines containing substances listed in appendix 2 of the Ordinance.

URLs of Government Official Website/s INCB information

[Link to website](#) (Accessed 29/07/2019)

Additional Information on Government Official Website

A travellers’ allowance (personal use only) for prescription drugs that are NOT classified as narcotics: From a country outside the European Economic Area, EEA you may bring in the equivalent of three months use and from another country within the EEA you may bring in the equivalent of one years’ use.

A travellers’ allowance (personal use only) for medicines that are classified as narcotics: If the drugs are listed in the Medical Products Agency’s list II or III you may bring in the equivalent of five days use each time you enter Sweden. If the drugs are listed in the Medical Products Agency’s list IV or V you may bring in the equivalent of three weeks use. If the traveller is a foreign resident and is in Sweden only temporarily, he may bring in enough for the duration of his stay in Sweden up to a maximum of three months.

SWITZERLAND

INCB information template

Standard template used

INCB information

Documentation required:

- Valid medical prescription
- “Schengen Agreement applicable”

Restrictions:

- Narcotic drugs – 30 days
- Psychotropic substances – 30 days

URLs of Government Official Website/s INCB information

[Link to website](#) (Accessed 29/07/2019)

Additional Information on Government Official Website

“Travellers are allowed to carry medicinal products containing narcotic or psychotropic substances without an import or export permit, provided that the quantity carried is no greater than that required for 30 days, and in the case of exportation, that the destination country allows this”

SYRIAN ARAB REPUBLIC

INCB information template

Letter addressed from relevant authority – NOT in English

INCB information

Information is entirely in Arabic

URLs of Government Official Website/s INCB information

None

Additional Information on Government Official Website

N/A

TAJAKISTAN

INCB information template

Letter addressed from relevant authority – NOT in English

INCB information

Information is entirely in Russian

URLs of Government Official Website/s INCB information

[Link to website](#) (Accessed 29/07/2019)

Additional Information on Government Official Website

N/A

THAILAND

INCB information template

Standard template used

INCB information

Documentation required:

- Valid medical prescription
- Doctor's certificate endorsed by the health authorities of the country of Residence
- Certificate endorsed by the health authorities of the country of residence
- Other kind of documents: If travellers intend to carry in/out the narcotic medicines for personal use, they should request for the permit by applying an online service form on the website <http://permitfortraveler.fda.moph.go.th> at least two weeks before the travel date. Presentation of certificate issued by health authorities of the country of destination at the Customs of the country of destination."

Restrictions:

- Narcotic drugs – 30 days
- Psychotropic substances – No restriction given
- List of prohibited substances – “Narcotic drugs in Categories 1,4 and 5. Psychotropic Substances in Category 1.” Please see the list of narcotic and psychotropic drugs attached

Law of Thailand, according to the Narcotics Act B.E. 2522 (1979) of Thailand and amended by the Narcotics Act B.E. 2552 (2009).

URLs of Government Official Website/s INCB information

[Link to website](#) (Accessed 29/07/2019)

Additional Information on Government Official Website

Website under re-construction

TIMOR LESTE

INCB information template

Standard template used

INCB information

Documentation required:

- Valid medical prescription
- Doctor's certificate endorsed by the health authorities of country of residence
- Certificate issued by the health authorities of the country of destination
- Presentation of the original prescription at the Customs of the country of destination

Restrictions:

- Narcotic drugs – 30 days
- Psychotropic substances – 30 days

URLs of Government Official Website/s INCB information

[Link to website](#) (Accessed 29/07/2019)

Additional Information on Government Official Website

Duty free items for adult travellers aged 17 years and over: Medicine: quantity corresponding to the personal needs of the traveller.

TOGO

INCB information template

Standard template used

INCB information

Documentation required:

- Valid medical prescription

Restrictions:

- Narcotic drugs: 7 days maximum
- Psychotropic substances: 30 days maximum

URLs of Government Official Website/s INCB information

None

Additional Information on Government Official Website

N/A

TUNISIA

INCB information template

Letter addressed from relevant authority – NOT in English

INCB information

Information translated from French- may not be entirely accurate.

Measures applied to travelers to our territory: authorizations are also granted by the National Narcotics Office mentioned above for patients (provided that they do not become drug addicts, even under substitution treatment) who apply to our Embassy in the country where they reside, accompanied by a detailed report from the attending physician indicating the length of stay in our country as well as a medical prescription covering the same period (in all circumstances the prescription must not exceed one period of three months for psychoactive drugs, 28 days for narcotics oral and 14 days for narcotic drugs in injectable form, and this, in accordance with the texts of Tunisian laws in force.

URLs of Government Official Website/s INCB information

None

Additional Information on Government Official Website

N/A

TURKEY

INCB information template

Standard template used

INCB information

Documentation required:

- Presentation of the original prescription at the Customs of the country of destination
- e) Other documents: The travellers under medical treatment carrying medical preparations containing controlled substances for personal use are expected to carry with them only the amount of medicine necessary to cover the duration of stay in Turkey .

Restrictions: None

Other information:

The following rules are required for *methadone*:

1. 15 days for methadone.
2. Travellers under substitution treatment with Methadone must carry with them a form like “Model form of a certificate for the carrying by travellers under treatment of medical preparations containing narcotic drugs and/or psychotropic substances” which has been developed by INCB according to “International guidelines for national regulations concerning travellers under treatment with internationally controlled drugs”.
3. Upon arriving to the Republic of Turkey, travellers must declare this document to the border control.
4. When the duration of stay exceeds 15 days, the patient must contact the Alcohol and Substance Dependence Treatment Centers in Turkey.

Entering Turkey by travellers with “Cannabis plant, herb or resin” (as described in UN Convention 1961) are prohibited.

Only medical preparations containing cannabis (which is approved by FDA or EMA) can be entered Turkey by travellers under medical treatment.

URLs of Government Official Website/s INCB information

[Link to website](#) (Accessed 29/07/2019)

Additional Information on Government Official Website

Duty free items: Medical Items

- Drugs for personal treatment

UGANDA

INCB information template

Standard template used

INCB information

Documentation required:

- Valid medical prescription
- Doctor's certificate endorsed by the health authorities of the country of residence
- Presentation of the original prescription at the Customs of the country of destination- "original prescription presented to verification committee who then issue a verification certificate that is presented to customs
- Other kind of documents – "Verification certificate, certificate for narcotics and psychotropics."

Restrictions:

- Narcotic drugs – *ticked indicating restrictions apply*
- Psychotropic substances – *ticked indicating restrictions apply*

URLs of Government Official Website/s INCB information

None

Additional Information on Government Official Website

N/A

UKRAINE

INCB information template

Standard template used

INCB information

Documentation required:

- Valid medical prescription
- Other kind of documents – “Customs declaration. Passport confirming the identity of the patient and the right of the patient to cross the State border of Ukraine. For medications that are registered in Ukraine, a copy of the medication quality certificate issued by the manufacturer is also required.”

Restrictions:

- Narcotic drugs – “No more than 10 ampoules of narcotic drugs or psychotropic substances”
- Psychotropic substances: No more than 50 tablets of psychotropic substances.
- Other information: In addition, the patient may transport no more than 10 transdermal systems into or out of the customs territory of Ukraine.

URLs of Government Official Website/s INCB information

[Link to website](#) (Accessed 29/07/2019)

Additional Information on Government Official Website

Free import: goods and personal things not containing the permits of other state authorities (cultural values, guns, medicines)

UNITED ARAB EMIRATES

INCB information template

Standard template used

INCB information

Documentation required:

- Valid medical prescription
- Doctor's certificate endorsed by the health authorities of country of residence
- Certificate issued by the health authorities of the country of destination
- Presentation of the original prescription at the Customs of the country of destination
- Other documents: In case original prescription not available, alerted copy.

Restrictions:

- Narcotic drugs: 30 days
- Psychotropic substances: 30 days

URLs of Government Official Website/s INCB information

[Link to website](#) (Accessed 29/07/2019)

Additional Information on Government Official Website

*For narcotic and psychotropic medicines, the amount should not exceed 30 days' treatment.
For regular prescription medicines, no more than 3 months' supply provided you have a valid medical prescription.*

UNITED KINGDOM OF GREAT BRITAIN AND NORTHERN IRELAND

INCB information template

N/A

INCB information

N/A

URLs of Government Official Website/s INCB information

[Link to website](#) (Accessed 01/09/2019)

Additional Information on Government Official Website

You need to prove your medicine is prescribed to you if: it contains a ‘controlled drug’, and you have it on you when you’re entering or leaving the UK

‘You need to get a letter from the person who prescribed your medicine. You might need to show this at the border.

The letter must include:

- *your name*
- *what countries you’re going to and when*
- *a list of your medicine, including how much you have, doses and the strength*
- *the signature of the person who prescribed your drugs*

UNITED REPUBLIC OF TANZANIA

INCB information template

Standard template used

INCB information

Documentation required:

- Valid medical prescription
- Presentation of the original prescription at the Customs of the country of destination

Restrictions:

- Narcotic drugs: Dose for 30 days
- Psychotropic substances: Dose for 30 days

URLs of Government Official Website/s INCB information

None

Additional Information on Government Official Website

N/A

UNITED STATES OF AMERICA

INCB information template

Letter addressed from relevant authority – U.S. Department of Justice, Drug Enforcement Administration.

INCB information

Letter can be found [here](#) on INCB website

URLs of Government Official Website/s INCB information

[Link to website](#) (Accessed 29/07/2019)

Additional Information on Government Official Website

“Prescription medications should be in their original containers with the doctor's prescription printed on the container. It is advised that you travel with no more than personal use quantities, a rule of thumb is no more than a 90 day supply. If your medications or devices are not in their original containers, you must have a copy of your prescription with you or a letter from your doctor. A valid prescription or doctors note is required on all medication entering the U.S.”

UZBEKISTAN

INCB information template

Letter addressed to INCB- Public Health Ministry Of State of Uzbekistan

INCB information

Letter is not in English.

URLs of Government Official Website/s INCB information

[Link to website](#) (Accessed 29/07/2019)

Additional Information on Government Official Website

“NORMS OF IMPORTATION / DELIVERY BY PHYSICAL PERSONS OF MEDICINAL PRODUCTS FOR PERSONAL USE

Allowed amount:

- up to 10 medications of different names and not more than 5 packs of medicinal products of each of them;*
- medical products in an amount not exceeding 5 units”*

VANUATU

INCB information template

Letter addressed from relevant authority – Department of Health, The Government of the Republic of Vanuatu

INCB information

EXEMPTIONS: The following preparations are exempted from prohibitions imposed by this Act:

Preparations carried into Vanuatu :

- a). for personal use; and
- b). of reasonable amount; and
- c). accompanied with a letter from a medical practitioner from the person's country of origin, and;
- d). appropriately labelled with it correct name

URLs of Government Official Website/s INCB information

[Link to website](#) (Accessed 29/07/2019)

Additional Information on Government Official Website

Consolidates INCB information.

VENEZUELA

INCB information template

Standard template used – NOT in English

INCB information

Information translated from Spanish- may not be completely accurate.

Documentation required:

- Other documents: Authorization of the health authority of the country of origin

Restrictions:

- Narcotic drugs- Yes (no specific quantity given)
- Psychotropic Substances- Yes (no specific quantity given)

URLs of Government Official Website/s INCB information

None

Additional Information on Government Official Website

N/A

ZIMBABWE

INCB information template

Standard template used

INCB information

Documentation:

- Valid medical prescription
- Doctor's certificate endorsed by the health authorities of the country of residence
- Certificate issued by the health authorities of the country of destination
- Presentation of the original prescription at the Customs of the country of destination

Restrictions:

- Narcotic drugs – 4 months' supply
- Psychotropic substances – 6 months' supply

URLs of Government Official Website/s INCB information

[Link to website](#) (Accessed 29/07/2019)

Additional Information on Government Official Website

N/A

Countries not on the list:

Albania
Andorra
Angola
Antigua and Barbuda
Argentina
Bahamas
Botswana
Burundi
Cape Verde
Central African Republic
Comoros
Congo
Cuba
Democratic Republic of Congo
Dominican Republic
Djibouti
El Salvador
Equatorial Guinea
Gabon
Gambia
Greece
Grenada
Guatemala
Guinea
Guinea- Bissau
Guyana
Honduras
Iran
Iraq
Ivory Coast
Jamaica
Kiribati
Kuwait
Lesotho
Liberia
Libya
Liechtenstein
Macedonia
Madagascar
Malawi
Malaysia
Maldives
Mali
Marshall Islands
Mauritania
Monacco
Mongolia

Mozambique
Nepal
Nigeria
Nicaragua
North Korea
Pakistan
Paraguay
Romania
Rwanda
San Marino
South Korea
South Sudan
Somalia
Serbia
Sierra Leone
Suriname
Sao Tome and Principe
Samoa
St Vincent and the Grenadines
Saint Kitts and Nevis
San Marino
Trinidad and Tobago
Tonga
Tugalua
Yemen
Wales
Uruguay
Vietnam
Vatican city
Zambia